

# **County of San Mateo**

## Inter-Departmental Correspondence

**Department: HEALTH** 

File #: 23-761 Board Meeting Date: 9/26/2023

Special Notice / Hearing: None

Vote Required: Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health

Jei Africa, Director, Behavioral Health, and Recovery Services

**Subject:** Agreement with Caminar, Inc. for Mental Health Rehabilitation Center Services

#### **RECOMMENDATION:**

Adopt a resolution authorizing an agreement with Caminar, Inc. for mental health rehabilitation center services, for the term of October 1, 2023, through June 30, 2026, in an amount not to exceed \$12,938,662.

#### **BACKGROUND:**

The current aged Cordilleras Mental Health Center in Redwood City is being replaced with four new Mental Health Rehabilitation Centers (M.H.R.C.) and co-housing facilities at the newly named Cordilleras Health and Healing Campus. Services at the new facilities are anticipated to begin in early 2024.

In May 2022, Behavioral Health and Recovery Services (B.H.R.S.) issued a Request for Proposals (R.F.P.) seeking four agencies to provide M.H.R.C. services for four separate 16-bed M.H.R.C. facilities at the rebuilt Cordilleras campus. In August 2022, Crestwood Behavioral Health, Inc. (Crestwood), Caminar, Inc. (Caminar), S.T.A.R.S., Inc. dba Stars Community Services, and Telecare Corporation were selected to provide these services. By having four separate providers and limiting the size of each facility to no more than 16 beds, the contracted M.H.R.C. services will be eligible for Federal Financial Participation for billed Medi-Cal services. Smaller facilities also allow for services to be more targeted to specific consumer needs, which will improve consumer outcomes.

Caminar, a nonprofit organization, has contracted with B.H.R.S. to provide residential treatment, rehabilitation services, and community support services for County consumers for over 45 years, providing services for consumers with severe mental illness. They have experience operating crisis residential programs, full-service partnership services, social rehabilitation programs, supported housing, supported education, and supported employment.

Agreements with the other three M.H.R.C. providers will be submitted to this Board separately.

#### DISCUSSION:

Caminar will operate an MHRC, providing Medi-Cal billable 24-hour psychiatric treatment services and room and board services in a locked facility setting for up to 16 seriously mentally ill county consumers. Services will primarily be provided to consumers with serious mental illness who have self-harm challenges and/or Axis II diagnoses. BHRS will refer consumers to Caminar, including some consumers who will be transferred from the existing Cordilleras facility. Caminar will have a start-up period from the start of the agreement until the facilities are completed and ready for services. The facility's construction is anticipated to be completed in January 2024.

The resolution contains the County's standard provisions allowing amendments to the County's fiscal obligation by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Attorney as to form.

It is anticipated that 85% of consumers will not be discharged to an acute psychiatric level of care within 15 days of admission.

#### **PERFORMANCE MEASURES:**

Measure	FY 2023-24 Estimated	FY 2024-25 Projected
Percentage of consumers not discharged to an acute psychiatric level of care within 15 days of admission	85% 16 consumers	85% 20 consumers

### FISCAL IMPACT:

The term of the agreement is October 1, 2023, through June 30, 2026. The amount of the agreement is not to exceed \$12,938,662 for the 33-month term. Funds in the amount of \$3,321,022 are included in the BHRS FY 2023-24 Recommended Budget. Of that amount, Federal Medi-Cal will fund \$578,773; 2011 Realignment, including the match for Medi-Cal services, will fund \$2,410,147; and the Net County Cost is \$332,102. Similar arrangements will be made for future years.

#### Attachments:

1. RFP Matrix