



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 21-866

Board Meeting Date: 11/9/2021

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: **Measure K:** Agreement with Felton Institute for Outpatient Mental Health Services and Aftercare Services

RECOMMENDATION:

Measure K: Adopt a resolution authorizing an agreement with Felton Institute for outpatient mental health services and aftercare services, for the term of July 1, 2021 through June 30, 2023, in an amount not to exceed \$3,335,952.

BACKGROUND:

Felton Institute (Felton), formerly known as Family Service Agency of San Francisco, is the oldest, nonsectarian, nonprofit charitable social services provider in San Francisco. In collaboration with the University of California San Francisco, Felton has delivered prevention and recovery for early onset psychosis, serving youth and young adults from around the Bay Area, through its innovative (re)MIND program, formerly known as Prevention and Recovery in Early Psychosis Program. This program was the first early intervention and treatment program in Northern California and is now considered the most comprehensive program in the western United States.

In January 2014, Felton began delivering Bringing Early Awareness and Management (BEAM) services. This program was formerly known as Bipolar Early Assessment and Management. Modeled after (re)MIND, BEAM provides treatment to adolescents and young adults with bipolar disease, teaching them to manage their condition and move towards remission and recovery. In addition, Felton provides aftercare services for program graduates to support the maintenance of gains achieved in psychosis and early intervention treatment.

Under the San Mateo County Mental Health Services Act (MHSA) Prevention and Early Intervention Plan, Felton is working to prevent early psychosis and early bipolar disorder. Behavioral Health and Recovery Services (BHRS) conducted research on relevant programs in the San Francisco Bay Area and found Felton to provide a unique approach that aligns with its MHSA plan. The research found BEAM and (re)MIND to be the only local programs of their kind successfully incorporating elements

deemed essential by BHRS: public education, outreach and engagement, a rigorous diagnostic process, cognitive behavioral therapy for early psychosis, algorithm-guided medication management, multifamily psycho-education groups, computer-based cognitive rehabilitation, education and employment support for clients, co-occurring treatment, and case management.

DISCUSSION:

Felton provides mental health services through its BEAM and (re)MIND programs. BEAM provides an early intervention for the treatment of bipolar spectrum disorders, bringing a coordinated series of evidence-based interventions. (re)MIND is a rigorous, evidence-based, monitored approach, targeting individuals who are at high risk of experiencing a psychotic episode and individuals having had such experiences within the past two years. In addition, Felton provides aftercare services to program graduates, integrating access into current service delivery methods seamlessly. Program graduates receive enhanced aftercare services, develop a safety net to prevent crisis, and intervene early to support graduates to stay in recovery.

Given these unique programs offered by Felton, BHRS is requesting that your Board waive the requirement for the Request for Proposals process and contract with Felton for the continued service delivery of BEAM and (re)MIND in San Mateo County.

The resolution contains the County’s standard provisions allowing amendment of the County’s fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is late due to prolonged contract negotiations and is on the Continuing Resolution.

BHRS provides a range of services to promote wellness and recovery and to support clients remaining in the lowest possible level of care. It is anticipated that 50% of clients will experience a decrease in the number of days hospitalized after starting the program.

PERFORMANCE MEASURE:

Measure	FY 2020-21 Actual	FY 2021-22 Estimated
Percentage of clients who experience a decrease in the number of days hospitalized after starting the program	50% 15 clients	50% 15 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2021 through June 30, 2023. The amount of the agreement is not to exceed \$3,335,952 for the two-year term. Of that amount, \$1,667,976 will be included in the BHRS FY 2021-22 Adopted Budget. Of that amount, \$879,127 will be funded by MHPA, \$446,121 by **Measure K**, \$316,986 by Federal Financial Participation, and \$25,742 by private insurance. There is no Net County Cost. A similar arrangement will be in place for FY 2022-23.