



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 21-528

Board Meeting Date: 6/29/2021

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: Amendment to the Agreement with Psynergy Programs, Inc. for Residential Mental Health Services

RECOMMENDATION:

Adopt a resolution authorizing an amendment to the agreement with Psynergy Programs, Inc. for residential mental health services, extending the term through June 30, 2023, and increasing the maximum amount by \$3,158,649 to an amount not to exceed \$4,851,343.

BACKGROUND:

Since 1985, your Board has approved resolutions authorizing expenditures for residential care facilities serving mentally ill clients, to provide residential care services for County adults. These services enhance successful community living and avoid a more costly and higher level of care.

On June 23, 2020 your Board approved an agreement with Psynergy Programs, Inc. for residential mental health services, for the term of July 1, 2020 through June 30, 2021, in an amount not to exceed \$1,692,694.

DISCUSSION:

Psynergy Programs Inc. (Psynergy) provides a full range of mental health residential services, which include: rehabilitative mental health services, psychiatric services, medication support, individual and group therapy, therapeutic programs with enhanced medical support for specific issues (e.g., diabetes), and Modified Therapeutic Community. The programs emphasize independent living skills, nutrition and exercise. Psynergy has facilities located in Morgan Hill, North Highlands, Sacramento and Greenfield, California.

Behavioral Health and Recovery Services (BHRS) manages the placements in this and other residential service facilities within the total budgeted amount for mental health residential services.

BHRS is requesting an amendment to add a new facility, decrease the usage of beds from 20 to 18 beds, increase the maximum amount of the agreement by \$3,158,649 to an amount not to exceed

\$4,851,343, and to extend the term of the agreement through June 30, 2023.

Because residential facilities services are limited in our County, under the B-1 Administrative Memorandum, the selection of providers of residential services for mental health clients is exempt from the Request for Proposals requirement.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. The agreement is late due to rate negotiations.

It is anticipated that no more than 11% of all admissions will be discharged to an acute psychiatric level of care.

PERFORMANCE MEASURE:

Measure	FY 2020-21 Estimated	FY 2021-22 Projected
Percentage of clients discharged to an acute psychiatric level of care	6.7% 1 of 15 clients	≤ 10% 2 of 18 clients

FISCAL IMPACT:

The term of the amended agreement is July 1, 2020 through June 30, 2023. The amount of the agreement is not to exceed \$4,851,343 for the three-year term. Funds in the amount of \$1,579,324 will be included in the BHRS FY 2021-22 Recommended Budget. It is expected that Federal Financial Participation will fund \$135,543; 1991 Realignment will fund \$1,343,083; and Net County Cost will fund \$100,698. The payment provisions and levels of service in the agreement are essentially the same as the prior agreement.