



# County of San Mateo

## Inter-Departmental Correspondence

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**Department:** HEALTH

**File #:** 20-721

Board Meeting Date: 9/29/2020

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**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Scott Gilman, Director, Behavioral Health and Recovery Services

**Subject:** **Measure K:** Agreement with One East Palo Alto for Multi-Cultural Wellness Center Services, Outreach and Engagement Services, Mental Health First Aid, Crisis Response, and Parent Project

### **RECOMMENDATION:**

**Measure K:** Adopt a resolution authorizing an agreement with One East Palo Alto for multi-cultural wellness center services, outreach and engagement services, mental health first aid, crisis response, and Parent Project for the term July 1, 2020 through June 30, 2021, in an amount not to exceed \$570,637.

### **BACKGROUND:**

One East Palo Alto (OEPA) has provided multi-cultural center services and outreach and engagement services for consumers receiving mental health services in East Palo Alto since October 2008. The services are provided by community outreach workers who access and connect community members with appropriate behavioral health services in East Palo Alto.

### **DISCUSSION:**

Through this agreement, OEPA will continue to provide six distinct services: 1) multi-cultural wellness center services that welcome adult behavioral health consumers; 2) outreach, engagement, and linkage services through the East Palo Alto Partnership for Mental Health Outreach; 3) training for community partners about how to identify and help people with mental health issues; 4) a culturally competent crisis response to the Ravenswood City School District; 5) two Parent Project courses teaching parents/caregivers parenting skills focusing on how to improve their relationship with their children funded by Measure K; and 6) activities related to the East Palo Alto Homeless Drop-In Center funded by the Mental Health Services Act.

During the COVID-19 health crisis, OEPA has been maintaining service levels through the use of online meetings and webinars, and through collaboration with other contracted providers. OEPA,

California Clubhouse, and Heart and Soul (all peer run organizations) have formed a COVID-19 Peer Taskforce to identify services that will meet current client needs and the challenges that COVID-19 present. Currently, this collaboration is providing offerings such as: a webinar series on Social Justice and Racism led by Rev. Chester McCall in which 51 people attended; weekly virtual spiritual support groups; weekly walking groups with physical distancing; outreach calls to members; assistance with resources for housing, PG&E assistance and other referral services; food distribution; and starting soon a Latinx Support Group and Spanish Family Support Group. Additional services include Virtual Peer Support Workshops with topics such as: Recovery 101, Understanding Peer Support, Best Practices in Peer Support, Peer Group Facilitation Skills, World Café Meeting Facilitation Training for Lived Experience Workers and Stakeholders, and an Overview of Photovoice.

The resolution contains the County's standard provisions allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. The agreement is on the Continuing Resolution due to prolonged contract negotiations.

BHRS provides a range of services to support consumers in their efforts towards wellness and recovery. The provision of multi-cultural center services to assist consumers with connecting to services that address their needs and support their wellness is one established form of support. It is anticipated that over 90% of unduplicated clients will be referred by the multi-cultural center for mental health services.

**PERFORMANCE MEASURE:**

Measure	FY 2019-20 Actual	FY 2020-21 Projected
Percentage of unduplicated clients who will be referred by the multi-cultural center for mental health services	>90% 158 of 175 clients	>90% 158 of 175 clients

**FISCAL IMPACT:**

The term of the agreement is July 1, 2020 through June 30, 2021. The amount of the agreement is not to exceed \$570,637. Of this amount, the Mental Health Services Act will fund \$418,335, and **Measure K** will fund \$147,034. The Net County Cost is \$5,268. Funds for these services have been included in the BHRS FY 2020-21 Recommended Budget.