

# **County of San Mateo**

Inter-Departmental Correspondence

Department: HEALTH File #: 20-664

Board Meeting Date: 9/15/2020

Special Notice / Hearing: None Vote Required: Majority

То:	Honorable Board of Supervisors	
From:	Louise F. Rogers, Chief, Health System Scott Gilman, Director, Behavioral Health and Recovery Services	
Subject:	Agreement with Voices of Recovery San Mateo County for Consumer-operated Self- Help and Peer-Support Services, Peer Recovery Supports and Community Integration, and Wellness and Recovery Services	

#### **RECOMMENDATION:**

Adopt a resolution authorizing an agreement with Voices of Recovery San Mateo County for consumer-operated self-help and peer-support services, peer recovery supports and community integration, and wellness and recovery services for the term July 1, 2020 through June 30, 2022, in an amount not to exceed \$829,134.

### BACKGROUND:

Voices of Recovery San Mateo County (VORSMC) is the only agency in the County that provides consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders. In an effort to support those who have been affected by addiction, the National Council on Alcoholism and Drug Dependence collaborated with local stakeholders to create VORSMC.

VORSMC services are essential to supporting consumers as they progress through all phases of wellness/recovery, including periods of relapse. Peer-support services are cost effective and have been found to engage clients who otherwise may not be able to participate in community activity programs on their own.

#### DISCUSSION:

Through this agreement, VORSMC will provide: 1) consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders; 2) peer recovery supports and community integration to prevent relapse and promote long-term recovery from substance use disorders; and 3) Wellness Recovery Action Plan (WRAP) groups to formerly incarcerated adults through the Criminal Justice Realignment Act, and Drug Court clients and

individuals as they transition to the aftercare phase of treatment. WRAP is a self-designed plan for staying well, increasing personal responsibility, and improving the quality of daily life.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is coming to the Board late due to prolonged contract negotiations. This agreement is on the Continuing Resolution.

Participation in peer support activities is an indicator of recovery improvement and clients' commitment to their own wellness and recovery. An increase in attendance indicates that the Contractor is serving a larger audience and successful in reaching an underserved population. It is anticipated that an additional 85 clients will attend peer support/recovery activities from the prior year.

## PERFORMANCE MEASURE:

Measure	FY 2019-20 Actual	FY 2020-21 Projected
Increase in the number of clients attending peer support/recovery activities from the prior year.	850 clients attended	85 additional clients

## FISCAL IMPACT:

The term of the agreement is July 1, 2020 through June 30, 2022. The amount of the agreement is not to exceed \$829,134 for the two-year term. \$510,828 is included in the BHRS FY 2020-21 Recommended Budget. Of this amount, it is anticipated that Whole Person Care will fund \$192,524, Mental Health Services Act will fund \$147,500, 2011 Realignment will fund \$95,526, AB 109 will fund \$41,777, and Net County Costs will fund \$33,501. A similar arrangement will be in place for FY 2021-22.