



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 20-468

Board Meeting Date: 6/30/2020

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: **Measure K:** Agreement with HealthRIGHT 360 to Operate a Behavioral Health Crisis Residential Facility

RECOMMENDATION:

Measure K: Adopt a resolution authorizing an agreement with HealthRIGHT 360 to operate a Behavioral Health Crisis Residential facility for the term July 1, 2020 through June 30, 2022, in an amount not to exceed \$2,867,322.

BACKGROUND:

In October 2013, Behavioral Health and Recovery Services (BHRS) released a Request for Proposals seeking an agency to help identify a service location, provide consultation on renovations needed, and run a behavioral health respite center. HealthRIGHT 360 (HR 360) responded with a proposal and was selected in December 2013 to provide these services. An extensive search to identify a service location resulted in the selection of a County-owned building in San Mateo. BHRS hired a consultant to identify building renovations and in February 2017, construction work began. On October 29, 2018, Serenity House opened its doors.

DISCUSSION:

The BHRS Serenity House Crisis Residential (SHCR) is designed as an alternative to hospitalization and incarceration for adults experiencing an acute psychiatric episode. The stay is short-term, designed to stabilize and return clients to their current living situation if appropriate, or an alternative stable environment. SHCR services may also be utilized for clients who are psychiatrically destabilized as a result of loss of housing, placement, or support system. HR 360 will deliver short term SHCR services for up to 13 adult clients with psychiatric disabilities.

Through this agreement, HR 360 helps its SHCR clients maintain medication management; engage in natural supports; manage mental health symptoms and substance use urges; strengthen acquisition and use of coping skills; and establish or reestablish vital links to services. By providing the latter services, HR 360 can keep clients out of more restrictive levels of care and support clients

throughout the ongoing process of recovery. The clients' mental health status will be reassessed regularly and discharge planning will begin immediately to help clients maintain stability following discharge from SHCR. This includes transporting clients while in the program to doctor appointments, housing, and other community services.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

Successful treatment discharge occurs when clients are successfully engaged in the support services they receive to remain in the community. It is anticipated that at least 90% of SHCR clients will be referred/linked/re-established to services in the community following discharge.

PERFORMANCE MEASURE:

| Measure | FY 2019-20 Estimated | FY 2020-21 Projected |
|---|----------------------|----------------------|
| Percentage of SHCR clients who will be referred/linked/reestablished to services in the community following discharge | ≥90% 315 clients | ≥90% 315 clients |

FISCAL IMPACT:

The term of the agreement is July 1, 2020 through June 30, 2022. The amount of the agreement is not to exceed \$2,867,322, where \$1,433,661 is included in the BHRS FY 2020-21 Recommended Budget. Of that amount, \$1,122,432 will be funded by **Measure K** and \$311,229 will be funded by Net County Cost. A similar arrangement will be in place for the following year.