



# County of San Mateo

## Inter-Departmental Correspondence

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**Department:** HEALTH

**File #:** 20-417

Board Meeting Date: 6/23/2020

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**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Scott Gilman, Director, Behavioral Health and Recovery Services

**Subject:** Agreement with Psynergy Programs, Inc. for Residential Mental Health Services

**RECOMMENDATION:**

Adopt a resolution authorizing an agreement with Psynergy Programs, Inc. for residential mental health services, for the term of July 1, 2020 through June 30, 2021, in an amount not to exceed \$1,692,694.

**BACKGROUND:**

Since 1985, the Board has approved resolutions authorizing expenditures for residential care facilities serving mentally ill clients, to provide residential care services for County adults. The latter services enhance successful community living and avoid a more costly and higher level of care.

**DISCUSSION:**

Psynergy Programs Inc. (Psynergy) provides a full range of mental health residential services, which include: rehabilitative mental health services, psychiatric services, medication support, individual and group therapy, therapeutic programs with enhanced medical support for specific issues (e.g., diabetes), and Modified Therapeutic Community. The programs emphasize independent living skills, nutrition, and exercise. Psynergy has facilities located in Morgan Hill, North Highlands, Sacramento, and Greenfield, California.

Behavioral Health and Recovery Services (BHRS) manages the placements in this and other residential service facilities within the total budgeted amount for mental health residential services.

Because residential facilities services are limited in our County, under the B-1 Administrative Memorandum, the selection of providers of residential services for mental health clients is exempt from the Request for Proposals requirement.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. The

agreement is late due to rate negotiations.

It is anticipated that no more than 10% of all admissions will be discharged to an acute psychiatric level of care.

**PERFORMANCE MEASURE:**

<b>Measure</b>	<b>FY 2020-21 Projected</b>	<b>FY 2021-22 Projected</b>
Percentage of clients discharged to an acute psychiatric level of care.	10% 2 of 20 clients	10% 2 of 20 clients

**FISCAL IMPACT:**

The term of the agreement is July 1, 2020 through June 30, 2021. The amount of the agreement is not to exceed \$1,692,694 for the one-year-term. Funds in the amount of \$1,692,694 will be included in the BHRS FY 2020-21 Recommended Budget. It is expected that Federal Financial Participation will fund \$135,543; 1991 Realignment will fund \$1,456,453; and Net County Cost will fund \$100,698. The payment provisions and levels of service in the agreement are essentially the same as the prior agreement.