



# County of San Mateo

## Inter-Departmental Correspondence

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**Department:** HEALTH

**File #:** 20-273

Board Meeting Date: 5/5/2020

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**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Scott Gilman, Director, Behavioral Health and Recovery Services

**Subject:** Amendment to the Agreement with Helios Healthcare, LLC for Residential Rehabilitation and Long-Term Care Services

### **RECOMMENDATION:**

Adopt a resolution authorizing an amendment to the agreement with Helios Healthcare, LLC for residential rehabilitation and long-term care services, decreasing the amount by \$110,903 to an amount not to exceed \$2,714,167, with no change to the agreement term.

### **BACKGROUND:**

Since 1988, Helios Healthcare, LLC (Helios) has been providing services to San Mateo County residents as a sister company to Crestwood Behavioral Healthcare, which also contracts with San Mateo County to provide specialized mental health services. Under the B-1 Administrative Memorandum, the selection of providers for long-term locked facility services is exempt from the Request for Proposals requirement.

On July 10, 2018, the Board approved an agreement with Helios for residential rehabilitation and long-term care services for the term July 1, 2018 through June 30, 2021, in an amount not to exceed \$2,825,070.

### **DISCUSSION:**

Helios currently provides up to 13 beds for Behavioral Health and Recovery Services (BHRS) clients who are seriously mentally ill and in need of mental health rehabilitation, treatment, and long-term care. Helios also provides up to 6 skilled nursing facility beds for Aging and Adult Services (AAS) clients who are probate dementia conservatees and who require a locked long-term treatment setting. Services provided through this agreement offer an alternative to the use of more costly hospital emergency services, inpatient hospital admissions, and correctional facilities.

It is now necessary to amend the agreement to modify the number of beds in FY 2019-20 and FY 2020-21 for one bariatric client that required specialized room and equipment and a single room to

accommodate his needs, resulting in a higher rate. In August 2019, this client was discharged from Helios, allowing BHRS to add two additional beds for a total of 15 beds at the regular rate. Reducing the one bariatric bed and adding two regular beds results in an overall contract savings.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

It is anticipated that 67% of clients will be maintained at a current or lower level of care.

**PERFORMANCE MEASURE:**

Measure	FY 2019-20 Estimated	FY 2020-21 Projected
Percentage of clients maintained at current or lower level of care	67% 4 clients	67% 4 clients

**FISCAL IMPACT:**

The term of the agreement is July 1, 2018 through June 30, 2021. The amount of the amended agreement is not to exceed \$2,714,167. The amendment decreases the BHRS contract maximum by \$110,903 to an amount not to exceed \$2,195,167. There are no changes to AAS maximum amount of \$519,000.

The BHRS maximum amount for FY 2019-20 is decreased by \$29,174 to \$739,516. Of this amount, funding for sales tax Realignment is decreased by \$26,257, and the Net County Cost is decreased by \$2,917. These funds are included in the BHRS FY 2019-20 Adopted Budget.

Of the maximum obligation for AAS, FY 2019-20 remains \$173,000 and is 100% funded through client reimbursements. There is no Net County Cost. These funds are included in the AAS FY 2019-20 Adopted Budget.