



# County of San Mateo

## Inter-Departmental Correspondence

---

**Department:** HEALTH

**File #:** 20-151

Board Meeting Date: 3/24/2020

---

**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Scott Gilman, Director, Behavioral Health and Recovery Services

**Subject:** Amendment to the Agreement with Psynergy Programs, Inc. for Residential Mental Health Services

**RECOMMENDATION:**

Adopt a resolution authorizing an amendment to the agreement with Psynergy Programs, Inc for residential mental health services, increasing the amount by \$228,878 to an amount not to exceed \$934,197, with no change to the term.

**BACKGROUND:**

Since 1985, the Board has approved resolutions authorizing expenditures for residential care facilities serving mentally ill clients, to provide residential care services for County adults. The latter services enhance successful community living and avoid a more costly and higher level of care.

On July 23, 2019, the Board approved an agreement with Psynergy Programs, Inc. (Psynergy), for residential services for mentally ill clients for the term of July 1, 2019 through June 30, 2020, in an amount not to exceed \$705,319.

**DISCUSSION:**

Psynergy provides a full range of mental health residential services, which include: rehabilitative mental health services, psychiatric services, medication support, individual and group therapy, therapeutic programs with enhanced medical support for specific issues (e.g., diabetes), and Modified Therapeutic Community. The programs emphasize independent living skills, nutrition and exercise. Psynergy has facilities located in Morgan Hill, North Highlands, Sacramento, and Greenfield, California.

It is now necessary to amend this agreement to add a dedicated bed and add money for mental health services, increasing the maximum amount by \$228,878 to an amount not to exceed \$934,197.

The amendment and resolution have been reviewed and approved by County Counsel as to form.

It is anticipated that 10% percent of all admissions will be discharged to an acute psychiatric level of care.

**PERFORMANCE MEASURE:**

<b>Measure</b>	<b>FY 2019-20 Estimated</b>	<b>FY 2020-21 Projected</b>
Percentage of clients discharged to an acute psychiatric level of care	10% 2 of 17 clients	10% 2 of 17 clients

**FISCAL IMPACT:**

The term of the agreement is July 1, 2019 through June 30, 2020. This amendment increases the contract amount by \$228,878, to an amount not to exceed \$934,197. Of that amount, \$228,878 has been included in the BHRS FY 2019-20 Adopted Budget. It is expected that Federal Financial Participation will fund \$48,064; 1991 Realignment will fund \$157,926; and Net County Cost will be \$22,888.