



# County of San Mateo

## Inter-Departmental Correspondence

**Department:** BOARD OF SUPERVISORS  
**DISTRICT 5**  
**File #:** 19-954

Board Meeting Date: 10/8/2019

**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors  
**From:** Michael P. Callagy, County Manager  
**Subject:** Use of District-Specific **Measure K** Funds - Supervisorial District 5

### **RECOMMENDATION:**

**Measure K:** Adopt a resolution authorizing a one-time grant of district-discretionary **Measure K** funds, not to exceed \$20,000, to Holy Child and St. Martin Episcopal Church to expand their wellness program and purchase additional medical equipment, and authorizing the County Manager, or his designee, to prepare and execute the grant agreement.

### **BACKGROUND:**

**Measure K** is the half-cent general sales tax initially approved by San Mateo County voters in November 2012 and extended in November 2016 for a total of thirty years.

On February 12, 2019, the Board of Supervisors (Board) held a study session on **Measure K** expenditures and anticipated revenue for fiscal years (FY) 2019-21. The Board-appointed **Measure K** sub-committee, consisting of Supervisor Pine and Supervisor Canepa, convened the study session to, among other things, work with staff to facilitate the Board's development of **Measure K** priorities and continuing initiatives for FY 2019-21. The Board approved \$3.75 million in one-time loans for grants each fiscal year for FY 2019-21, divided equally among the five supervisorial districts, for district-discretionary needs and projects. District 5 has submitted a request to use its district-discretionary **Measure K** funds as shown below and described in the Project Summary section of this memorandum.

<b>District/Project</b>	<b>Amount</b>
District 5 (Supervisor David J. Canepa) - Holy Child and St. Martin Episcopal Church to expand their wellness program and purchase additional medical equipment.	\$20,000.00

This item is consistent with the criteria for district-discretionary **Measure K** funds approved by the

Board in December 2018.

**PROJECT SUMMARY:**

This is a request to authorize a grant to Holy Child and St. Martin Episcopal Church and resulting grant agreement in an amount not to exceed \$20,000 to expand their wellness program and purchase additional medical equipment. The County Manager's Office will administer and manage the proposed agreement.

The Health and Wellness Center at Holy Child and St. Martin Episcopal Church in Daly City was born in 2010 out of the need to serve the whole community by nurturing physical, emotional, and spiritual health, to empower those on the margins, to advocate for health care services, to provide health education, and to partner with other community organizations to create similar programs. In subsequent years, the program served to screen for high blood pressure, to provide information about nutrition and healthy weight, and to sponsor an arthritis exercise program. Each year, a Health and Wellness Fair was presented to welcome the community to the program, educate the community about available services, and to provide free influenza vaccines. Holy Child and St. Martin Episcopal Church previously received a grant from Seton Medical Center, but due to the sale of Seton, community grants have been stalled and that source of funding is not available at this time. The Wellness Center is open to anyone who wants to access services and is not restricted based on any type of religious affiliation. **Measure K** funds would be solely used toward the physical health and wellness program and would not be used for religious activities.

The Health and Wellness Center at Holy Child and St. Martin Episcopal Church would like to expand their work. In addition to screening for high blood pressure, checking weight, and participating in exercise programs, the Health and Wellness Center wants to provide education regarding the environmental and behavioral factors that play a part in the development of medical conditions, particularly diabetes, and the behaviors and lifestyle changes that will enhance health and wellness.

Program goals include:

- Providing education to clients to become more knowledgeable about behaviors that can lower blood pressure
- Providing assistance to clients in accessing their prescribed medications
- Assisting clients in the proper use of home medical devices, such as automatic blood pressure cuffs and glucometers
- Providing educational information to clients about their diseases and diagnoses, procedures, and medications
- Offering all services free of charge to the community
- Providing a place where the most vulnerable, underserved people of all ages- the homeless, seniors, and families without insurance- can receive free screenings and educational information to assist in maintaining and enhancing health
- Providing group exercise and skeletal improvement programs

- Providing a yearly health fair
- Providing a monthly forum with health educators/doctors that is open to the community

In order to implement a blood pressure screening program, exercise program, and educational offerings, the organization has identified the following needed equipment and supplies for two years:

<b>Needed Equipment</b>	<b>Estimated Cost</b>
Automatic external defibrillator with wall mounts	\$1,000.00
AED replacement pads	\$100.00
Stop the Bleed kit	\$200.00
2 automatic blood pressure machines, 1 regular cuff, 1 small cuff	\$75.00
3 manual blood pressure cuffs, small adult, regular, large	\$75.00
2 stethoscopes	\$60.00
Educational materials	\$400.00
Office supplies	\$500.00
Glucometer (for training)	\$50.00
Lancets	\$35.00
4 canisters, antibacterial wipes	\$30.00
Alcohol swabs	\$15.00
Computer	\$500.00
Outreach materials	\$100.00
Sharps and containers	\$25.00
Glucometer strips	\$50.00
Annual Health and Wellness fair-food	\$1,000
Annual Health and Wellness Fair- flyers and publicity	\$1,000
Annual Health and Wellness Fair- Banner	\$500.00
Honorarium for health speakers, on such topics as diabetes, foot care, etc.	\$1800.00
Renumeration for scheduler	\$6,810.00
CPR certification for 10 people	\$750.00
<b>TOTAL</b>	<b>\$15,075.00</b>

In addition, the organization has identified the following costs to implement the Arthritis and Skeletal Improvement Program:

<b>Equipment Description</b>	<b>Units</b>	<b>Unit Costs</b>	<b>Total Cost</b>
Sissel Spiky Twin Massage Roller	8	\$20.52	\$164.16

<b>Educational Charts</b>	1		
Human Spine	1	\$42.02	\$42.02
Skeletal System in 3D	1	\$22.02	\$22.02
Muscular System	1	\$22.47	\$22.47
Stretch and Strengthen	1	\$31.87	\$31.87
Exercise and Calorie Guide	1	\$24.54	\$24.54
Functional Knee Joint	1	\$99.22	\$99.22
Functional elbow Joint	1	\$98.00	\$98.00
Functional Shoulder Joint	1	\$98.00	\$98.00
Functional Hip Joint	1	\$98.00	\$98.00
Body Sport Fitness Balls (55cm)	4	\$16.00	\$64.00
Body Sport Fitness Balls ( 65cm)	4	\$16.00	\$64.00
Body Sport Three Tier Ball Rack	1	\$199.84	\$199.84
Aeromat Fitness Ball Base	8	\$24.65	\$197.28
Valeo Foam Exercise Mat	8	\$20.11	\$160.88
Soft Foam Roller	8	\$24.42	\$195.36
Body Sport Figure 8 loop tubing (X-light)	2	\$8.95	\$17.90
Body Sport Figure 8 loop tubing (light)	4	\$9.95	\$39.80
Body Sport Figure 8 loop tubing (medium)	4	\$10.95	\$43.80
Body Sport Figure 8 loop tubing (heavy)	4	\$10.95	\$43.80
Body Sport Resistance tubes w/handles (lt)	4	\$11.89	\$47.56
Body Sport Resistance Tubes w/handles (Med)	4	\$11.89	\$47.56
Body Sport Resistance Tubes w/handles (hvy)	4	\$11.89	\$47.56
Duel Grip Power Medicine Ball (#6)	4	\$35.45	\$141.80
Duel Grip Power Medicine Ball (#8)	4	\$40.11	\$160.44
Duel Grip Power Medicine Ball (#10)	2	\$44.78	\$89.56
Portable Medicine Ball Tree	1	\$263.43	\$263.43
Arthritis and Skeletal Improvement Coordinator	1	\$2400.00	\$2400.00
<b>TOTAL</b>			<b>\$4,924.87</b>

**Total Measure K Request: Not to Exceed \$20,000.00**

The release of funds will be contingent on the execution of an agreement providing for the County’s confirmation of the expenditure of funds for the purposes stated herein. The County will disburse the funds to the following organization for the purposes described above:

Father Leonard Oakes  
Holy Child and St. Martin Episcopal Church  
777 Southgate Avenue  
Daly City, CA 94015  
Phone: (650) 534-5831  
Email: revleonardoakes@gmail.com

**PERFORMANCE MEASURES:**

Clients will be knowledgeable about behaviors they can engage in to lower blood pressure	Identify at least 5 possible actions to lower blood pressure on a multiple- choice quiz
Clients will have access to free annual flu shots	Yearly records of flu shot notifications and records of flu shots administered
Clients will know how to properly use any needed home medical devices (i.e. glucometer, automatic BP cuff)	Records of client education provided and return demonstration of effective use of the device

County Counsel has reviewed and approved the resolution as to form.

Funding for the Holy Child and St. Martin Episcopal Church Health and Wellness Center contribute to the Shared Vision 2025 outcome of a healthy community by further educating the community about the importance of a healthy lifestyle, including physical activity, blood pressure checks, and nutrition and exercise programs in order to reduce the risk of chronic diseases and promote overall health.

**FISCAL IMPACT:**

There are sufficient **Measure K** funds for this specific FY 2019-2021 **Measure K** request. These funds are budgeted in the Non-Departmental Services FY 2019-21 Adopted Budget.