



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 19-871

Board Meeting Date: 9/17/2019

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: Agreement with Puente de la Costa Sur for Project SUCCESS Services and Mindfulness-Based Substance Use Treatment

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Puente de la Costa Sur for Project SUCCESS services for the term of July 1, 2019 through June 30, 2021, and Mindfulness-Based Substance Use Treatment for the term of July 1, 2019 through December 31, 2019, in an amount not to exceed \$610,709.

BACKGROUND:

In April 2015, Behavioral Health and Recovery Services (BHRS) released a Request for Proposals (RFP) for Prevention and Early Intervention (PEI) services for youth delivered in a non-traditional behavioral health setting, using the Project SUCCESS and Seeking Safety service models. Puente de la Costa Sur (Puente) responded with a proposal that was selected for the provision of these services.

DISCUSSION:

Through the Project SUCCESS service model, Puente prevents and reduces substance use and abuse, along with associated behavioral health issues among high risk, multi-problem youth ages 9 to 18. The early intervention services operate in communities with a high proportion of underserved populations, focusing on middle school and high school aged students.

The Seeking Safety curriculum ended June 30, 2019, and was replaced by an alternative curriculum currently under pilot, Mindfulness-Based Substance Abuse Treatment (MBSAT), with a focus on trauma-informed co-occurring prevention. The MBSAT curriculum integrates best practices from the fields of mindfulness, psychotherapy, and substance use reliance treatment in adolescents. Puente shall provide services under the pilot program through December 31, 2019. BHRS is in the process of releasing an RFP for these services to begin January 1, 2020. BHRS is requesting that your Board waive the RFP process for PEI - Project SUCCESS services for two years, allowing BHRS time to

finalize the RFP for services to start on July 1, 2021.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement has been delayed due to startup activities needed for implementation of the MBSAT pilot. This agreement is on the Continuing Resolution.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing prevention and early intervention services. BHRS provides a range of services to promote wellness and recovery, as well as support a reduction in co-occurring mental health substance abuse and trauma-related symptoms in at-risk youth. It is anticipated that 75% of clients who receive services through this agreement will show an increase in coping skills after participating in Project SUCCESS.

PERFORMANCE MEASURE:

Measure	FY 2018-19 Actual	FY 2019-20 Projected
Clients showing an increase in coping skills after participating in Project SUCCESS	75% 38 of 50 clients	75% 38 of 50 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2019 through June 30, 2021. The amount of the agreement is not to exceed \$610,709 for the two-year term. Of that amount, \$304,937 is included in the BHRS FY 2019-20 Recommended Budget. It is anticipated that 100%, or \$304,937, will be funded by the Mental Health Services Act. Similar funding arrangements will be in place for FY 2020-21.