



# County of San Mateo

## Inter-Departmental Correspondence

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**Department:** HEALTH

**File #:** 19-804

Board Meeting Date: 8/6/2019

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**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Scott Gilman, Director, Behavioral Health and Recovery Services

**Subject:** Amendment to the Agreement with Youth Leadership Institute for the Mental Health Service Act Innovation Program

### **RECOMMENDATION:**

Adopt a resolution authorizing an amendment to the agreement with Youth Leadership Institute to provide peer-led outreach and engagement for behavioral health technology interventions, increasing the amount by \$300,000 to an amount not to exceed \$1,368,961, with no change to the agreement term.

### **BACKGROUND:**

On September 6, 2016, your Board approved an agreement with Youth Leadership Institute (YLI) to provide Friday Night Live/Club Live services and Alcohol and Other Drug (AOD) community-based prevention services, for the term July 1, 2016 through June 30, 2018, in the amount of \$528,386.

In January 2017, BHRS issued a Request for Proposals (RFP) for community-based partnerships to provide substance use prevention and program evaluation. YLI submitted a proposal and was chosen to provide these services.

On October 31, 2017, the Chief of San Mateo County Health approved an amendment to the agreement for a cost of living increase effective July 1, 2017, increasing the maximum amount of the agreement by \$2,325 to \$530,711, with no change to the agreement term.

On February 27, 2018, your Board approved an amendment to the agreement for a marijuana education and tobacco prevention campaign, increasing the amount of the agreement by \$60,000 to \$590,711.

In December 2018, Behavioral Health and Recovery Services (BHRS) released an RFP seeking an agency to provide peer-led outreach and engagement for behavioral health technology interventions. The goal is to support transition-aged youth in the use of web-based

behavioral health interventions, including applications (apps) to engage, educate and provide access to behavioral health services when needed, especially for those who struggle to connect with traditional in-person supports or may need additional supports. YLI responded with a proposal and was selected to provide these services.

In April and May 2018, BHRS held stakeholder meetings as part of its Mental Health Services Act (MHSA) Three Year Plan development process, and various stakeholders voiced a need for new approaches to connect and engage individuals who are struggling to connect with traditional in-person supports.

On June 6, 2018, the Mental Health and Substance Abuse Recovery Commission reviewed and recommended that your Board approve the MHSA Innovation Plan to join a statewide County Behavioral Health Technology Collaborative (Tech Suite).

On August 7, 2018, your Board approved the MHSA Three Year Plan and Annual Update, which included the Tech Suite project.

On December 4, 2018, your Board approved an amendment to the agreement for AOD services and tobacco prevention services, extending the term of the agreement through June 30, 2020 and increasing the maximum obligation by \$478,250 to \$1,068,961.

#### **DISCUSSION:**

The Tech Suite is a set of behavioral health technology solutions, including apps with core features such as peer chat groups, one-on-one online peer support, and personalized avatar support, including evidence-based wellness activities. It is intended to be a complementary support system that offers a bridge to care, helps identify early warning signs of behavioral health needs, offers timely support if needed, requires less effort and removes general barriers to seeking conventional behavioral health or well-being services. By participating in the statewide collaborative, San Mateo County will leverage the statewide investment, learnings, and infrastructure, including project management, evaluation, marketing, and procurement of app developers.

The Tech Suite prioritizes the role of peers as a key innovative driver of the project. YLI will support Tech Suite's goals by conducting broad, culturally and linguistically appropriate outreach to transition-aged youth (ages 15-25) throughout the County, including underserved geographical areas. YLI's efforts promote the use of the Tech Suite web-based solution(s), guide and support users, and provide linkages to in-person services as needed. In order to perform this work, YLI will recruit, train, and supervise a Peer Program Specialist and Peer Outreach Worker(s).

The resolution contains the County's standard provisions allowing amendments of the County's fiscal obligation by a maximum of \$25,000 (in aggregate).

The amendment and resolution have been reviewed and approved by County Counsel as to form.

The amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing services for transition-aged youth who struggle to connect with traditional in-person supports. It is anticipated that 15% of individuals engaged through outreach activities will sign up to use Tech Suite behavioral health technology solution(s).

#### **PERFORMANCE MEASURE:**

Measure	FY 2019-2020 Projected
Percentage of individuals engaged through outreach activities that sign up to use Tech Suite behavioral health technology solution(s)	15% 300 individuals

\*New measure

**FISCAL IMPACT:**

The term of the agreement is July 1, 2016 through June 30, 2020. The amount of the agreement is not to exceed \$1,368,961 for the four-year term. The amendment increases the contract amount by \$300,000. Funds in the amount of \$300,000 are included in the BHRS FY 2019-20 Recommended Budget and will be 100% funded by MHSA. There is no Net County Cost associated with this agreement.