



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 19-835

Board Meeting Date: 9/17/2019

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Lizelle Lirio de Luna, Director, Family Health Services

Subject: Agreement with the California Department of Public Health for the Supplemental Nutrition Assistance Program - Education Grant

RECOMMENDATION:

Adopt a resolution authorizing the acceptance of a grant agreement for Supplemental Nutrition Assistance Program - Education from the California Department of Public Health for the term of October 1, 2019 through September 30, 2022, in an amount not to exceed \$1,600,209.

BACKGROUND:

In San Mateo County, it is estimated that nearly one-in-four low-income children is overweight or obese (Pediatric Nutrition Surveillance System Data, 2010). Furthermore, the latest California Health Interview Survey (2014) showed that 66% of all adult residents in San Mateo County are also overweight or obese. The Get Healthy San Mateo Task Force and the Nutrition Education and Obesity Prevention (NEOP) Project are actively working to reduce obesity in the County. NEOP is a part of a U.S. Department of Agriculture Supplemental Nutrition Assistance Program - Education initiative, which provides federal funds to promote healthy eating, physical activity, and access to nutritious foods to reduce the incidence of chronic disease in low-income communities. San Mateo County has been a grantee since 1998.

DISCUSSION:

In the next three years, NEOP funding will be used to implement comprehensive local nutrition education and obesity prevention programs. In accordance with the Healthy, Hunger-Free Kids Act of 2010, the grant agreement directs San Mateo County Health (SMCH) to serve as the lead health agency, coordinate with local partners, and involve multiple sectors in spearheading efforts that improve the nutritional status of and prevent obesity among the County's low-income population.

In addition to individual and group nutrition education, permissible uses of the funding include interventions that allow multiple community partners to collaborate with SMCH. Specific scope of work objectives will focus on: coordination of County-wide nutrition education, neighborhood assessments of food environments and local interventions, reduction of sugary beverage

consumption, strategies for implementing school wellness policies, increased access to and consumption of healthy foods, increased physical activity opportunities throughout the day, youth empowerment exercises, and specific strategies to increase peer-to-peer education opportunities and community engagement.

This grant agreement may require an annual signature to receive funds. As a result, Family Health Services seeks authorization for the Chief of San Mateo County Health to sign the agreement in lieu of your Board.

The Board is being asked to authorize the Chief of San Mateo County Health or her designee to execute subsequent amendments which do not exceed an aggregate of \$25,000.

The resolution has been reviewed and approved by County Counsel as to form.

Approval of this grant agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing funds to promote dietary changes and physical activity levels in order to reduce the risk of chronic disease in San Mateo County. It is anticipated that 42% of participants attending NEOP group lesson (7 lessons over 7 weeks) will report at least one positive dietary change. Examples of positive dietary change are: switching to low-fat or fat-free milk, drinking less sugar-sweetened beverages, or trying one new fruit or vegetable.

PERFORMANCE MEASURE:

Measure	FY 2017-18 Actual	FY 2018-19 Projected
Percent of participants in NEOP group lessons who report at least one positive dietary change after attending the group lesson	37% 41 clients	42% 47 clients

FISCAL IMPACT:

The term of the grant agreement is October 1, 2019 through September 30, 2022. The total federal funds included in the agreement are not to exceed \$1,600,209 for the three-year-term. Grant funds in the amount of \$533,403 and Net County Cost in the amount of \$171,368 are included in the Family Health Services FY 2019-20 Approved Recommended Budget. Similar arrangements will be made for future years.