



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 19-755

Board Meeting Date: 7/23/2019

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: Agreement with Psynergy Programs, Inc. for Residential Mental Health Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Psynergy Programs, Inc. for residential mental health services, for the term July 1, 2019 through June 30, 2020, in an amount not to exceed \$705,319.

BACKGROUND:

Since 1985, your Board has approved resolutions authorizing expenditures for residential care facilities serving mentally ill clients to provide residential care services for County adults. The latter services enhance successful community living and avoid a more costly and higher level of care.

DISCUSSION:

Psynergy Programs Inc. (Psynergy) provides a full range of mental health residential services, which include: rehabilitative mental health services, psychiatric services, medication support, individual and group therapy, therapeutic programs with enhanced medical support for specific issues (e.g., diabetes), and Modified Therapeutic Community. The programs emphasize independent living skills, nutrition, and exercise. Psynergy has facilities located in Morgan Hill, North Highlands, Sacramento, and Greenfield.

Behavioral Health and Recovery Services (BHRS) manages the placements in this and other residential service facilities within the total budgeted amount for mental health residential services.

Under the B-1 Administrative Memorandum, the selection of providers of residential services for mental health clients is exempt from the Request for Proposals requirement.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. The agreement is late due to rate negotiations.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing residential board and care services to mentally ill clients. It is anticipated that no more than 10% of all admissions will be discharged to an acute psychiatric level of care.

PERFORMANCE MEASURE:

Measure	FY 2019-20 Estimated	FY 2020-21 Projected
Percentage of clients discharged to an acute psychiatric level of care	9% 2 of 14 clients	9% 2 of 14 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2019 through June 30, 2020. The amount of the agreement is not to exceed \$705,319 for the one-year-term. Funds in the amount of \$705,319 are included in the BHRS FY 2019-20 Recommended Budget. It is expected that Federal Financial Participation will fund \$119,199; 1991 Realignment will fund \$515,588; and Net County Cost will fund \$70,532. The payment provisions and levels of service in the agreement are essentially the same as the prior agreement.