



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 19-640

Board Meeting Date: 6/25/2019

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: Amendment to the Agreement with The Healthy Teen Project, Inc. for Comprehensive Treatment Services for Clients Diagnosed with Eating Disorders

RECOMMENDATION:

Adopt a resolution authorizing an amendment to the agreement with The Healthy Teen Project, Inc. for comprehensive treatment services for clients diagnosed with eating disorders, extending the term through June 30, 2020, and increasing the amount by \$200,000, to an amount not to exceed \$300,000.

BACKGROUND:

In 2018, Behavioral Health and Recovery Services (BHRS) entered into an agreement with The Healthy Teen Project, Inc. (HTP) to provide eating disorders services to clients. At that time, BHRS identified that there was a need to fill a service gap for severely mentally ill youth and adolescent clients that were diagnosed with moderate to severe eating disorders, as defined in the DSM-5, that required a more specialized and intensive level of treatment. Moreover, no BHRS clinic or program had effectively addressed the comprehensive behavioral, dietary, and medical needs associated with moderate to severe eating disorders. BHRS reached out to several local providers. HTP, Center for Discovery, and Cielo House were the only providers that met the requirements to provide comprehensive and specialized treatment for mental health clients diagnosed with eating disorders such as: anorexia, bulimia, binge eating disorder, and eating disorders not otherwise specified.

DISCUSSION:

HTP is currently providing residential treatment to youth and adolescent clients in the county. Services range from nutritional assessments, comprehensive treatment plans, close supervision, dietary counseling, and individual and family counseling. Due to identification of additional clients that need eating disorder services, an amendment is needed at this time to cover the increased referrals.

BHRS is requesting your Board to waive the Request for Proposals process requirement because the search for agencies that deliver eating disorder treatment only produced three providers that met BHRS requirements and were willing to accept the proposed rates. BHRS has contracted with all

three providers, including HTP.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

Approval of this amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing comprehensive treatment services for severely mentally ill clients diagnosed with eating disorders. It is anticipated that 75 percent of clients successfully completing the program will be served at a lower level of care for up to one year after being discharged.

PERFORMANCE MEASURE:

Measure	FY 2018-19 Estimated	FY 2019-20 Projected
Percentage of clients successfully completing the program that are served at a lower level of care for up to one year after being discharged	75%* 3 clients	75%* 3 clients

*This is a new service and data will be available after FY 2018-19

FISCAL IMPACT:

The term of the revised agreement is February 1, 2018 through June 30, 2020. The amount of the agreement is not to exceed \$300,000. This amendment increases the contract amount by \$200,000. Funds in the amount of \$200,000 are included in the BHRS FY 2019-20 Recommended Budget. Of the FY 2019-20 amount, it is anticipated that 100 percent will be funded by 2011 Realignment funds. There is no Net County Cost associated with this agreement.