



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 19-508

Board Meeting Date: 6/4/2019

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services

Subject: Agreement with El Centro de Libertad for Substance Use Disorder Outpatient Treatment Services and Mindfulness-Based Substance Abuse Treatment

RECOMMENDATION:

Adopt a resolution authorizing an agreement with El Centro de Libertad for substance use disorder outpatient treatment services for the term July 1, 2019 through June 30, 2021, and Mindfulness-Based Substance Abuse Treatment services, for the term July 1, 2019 through December 31, 2019, in an amount not to exceed \$1,144,907.

BACKGROUND:

For over 20 years, Behavioral Health and Recovery Services (BHRS) has contracted with El Centro de Libertad (El Centro) for substance use disorder outpatient treatment and recovery services to San Mateo County residents.

In April 2016, the California Department of Health Care Services (DHCS) and the Federal Government approved the Drug Medi-Cal Organized Delivery System (DMC-ODS) waiver for substance use disorder treatment services. In March 2017, El Centro began providing services under the DMC-ODS waiver, which allowed El Centro and other providers to bill for many more services than they were previously able.

DISCUSSION:

Through the DMC-ODS waiver, El Centro continues to provide substance use disorder outpatient group and individual treatment to adolescent and adult County residents. These services are focused on an individualized outpatient treatment program that includes family group therapy, alcohol and drug testing, relapse prevention, adolescent treatment, and anger management.

DHCS continues to require changes in service delivery and reporting requirements of substance use disorder treatment services through the DMC-ODS waiver. Due to these changes, BHRS is requesting that your Board waive the Request for Proposals (RFP) process for substance use

disorder treatment services for two years, allowing BHRS time to finalize the implementation of DMC-ODS waiver-related changes to this and all other BHRS substance use related contracts. In early 2020, BHRS will release a RFP for substance use disorder treatment services to start on July 1, 2021.

The Seeking Safety curriculum will end June 30, 2019 and replaced by an alternative curriculum currently under pilot, Mindfulness-Based Substance Abuse Treatment (MBSAT) for Transition Age Youth. The MBSAT curriculum integrates best practices from the fields of mindfulness, psychotherapy, and substance use reliance treatment in adolescents. Contractor shall provide MBSAT services under the pilot program through December 31, 2019. BHRS is in the process of releasing a RFP for these services to begin January 1, 2020.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing individuals and families with prevention and treatment services to support recovery, which in turn contributes to the health and safety of communities throughout the county. Successful treatment discharge occurs when a program participant completes his/her treatment/recovery plan or when a participant is transferred to the next appropriate level of care. It is anticipated that 77 percent of clients will achieve a successful treatment discharge.

PERFORMANCE MEASURE:

Measure	FY 2018-19 Estimated	FY 2019-20 Projected
Program participants that achieve a successful treatment discharge	77% 190 participants	77% 190 participants

FISCAL IMPACT:

The term of the agreement is July 1, 2019 through June 30, 2021. The amount of the agreement is not to exceed \$1,144,907 for the two-year term. Of this amount, \$583,526 will be included in the BHRS FY 2019-20 Recommended Budget. Federal Financial Participation for Drug Med-Cal will fund \$168,852, Substance Abuse and Prevention Treatment Block Grant will fund \$62,656, the Mental Health Services Act will fund \$22,145, 2011 Realignment will fund \$16,841 and AB109 will fund \$16,602. The remaining \$296,430 is Net County Cost. The payment provisions and levels of service remain essentially the same as those of the prior agreement.