



# County of San Mateo

## Inter-Departmental Correspondence

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**Department:** HEALTH SERVICES FHS

**File #:** 19-178

Board Meeting Date: 2/26/2019

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**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise F. Rogers, Chief, San Mateo County Health  
Lizelle Lirio de Luna, Director, Family Health Services

**Subject:** Amendment to the Agreement with the California Department of Public Health for Nutrition Education Given by the Supplemental Nutrition Assistance Program - Education Grant

### **RECOMMENDATION:**

Adopt a resolution authorizing the Chief of Health or her designee to execute an amendment to the agreement with the California Department of Public Health for nutrition education given by the Supplemental Nutrition Assistance Program - Education Grant, increasing the amount by \$99,909, to an amount not to exceed \$2,006,727.

### **BACKGROUND:**

In San Mateo County, it is estimated that nearly one in four (24%) low-income children are overweight or obese (Pediatric Nutrition Surveillance System Data, 2010). Furthermore, the latest California Health Interview Survey (2014) reflects that 66% of all adult residents in the County are also overweight or obese. The Get Healthy San Mateo Task Force and the Nutrition Education and Obesity Prevention Project (NEOP) are actively working to reduce obesity in the County. NEOP is a part of a U.S. Department of Agriculture Supplemental Nutrition Assistance Program - Education initiative that provides federal funds to promote healthy eating, physical activity, and access to nutritious foods to reduce the incidence of chronic disease in low-income communities. San Mateo County has been a grantee since 1998.

In July 2016, your Board approved the acceptance of a grant award agreement for Supplemental Nutrition Assistance Program - Education from the California Department of Public Health in the amount of \$1,906,818 for the term of October 1, 2016 to September 30, 2019.

### **DISCUSSION:**

NEOP funding is being used to implement comprehensive local nutrition education and obesity-prevention programs. The grant agreement directs San Mateo County Health to: serve as the lead

health agency, coordinate with local partners, and involve multiple sectors in spearheading efforts to improve nutritional status and prevent obesity among the County's low-income population, in accordance with the Healthy, Hunger-Free Kids Act of 2010.

Family Health Services (FHS) requests that your Board authorize the Chief of the San Mateo County Health or designee to execute this grant agreement.

FHS also requests that your Board authorize the Chief of San Mateo County Health or designee to execute grant agreement amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

The amendment to the grant agreement and resolution have been reviewed and approved by County Counsel as to form.

Approval of this amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing funds to promote dietary changes and higher physical activity levels in order to reduce the risk of chronic disease in the County. It is anticipated that 42% of participants attending NEOP group lessons (9 lessons over 3 weeks) will report at least one positive dietary change. Examples of positive dietary change are: switching to low-fat or fat-free milk, drinking less sugar-sweetened beverages, or trying one new fruit or vegetable.

**PERFORMANCE MEASURE:**

<b>Measure</b>	<b>FY 2017-18 Actual</b>	<b>FY 2018-19 Projected</b>
Percent of participants attending NEOP group lessons (9 lessons over 3 weeks) who report at least one positive dietary change	37% 46/124 clients	42% 52/124 clients

**FISCAL IMPACT:**

The term of the revised agreement is October 1, 2016 through September 30, 2019. The amount of the grant agreement is not to exceed \$2,006,727. This amendment increases the contract amount by \$99,909. Funds in the amount of \$563,256 have been included in the FHS FY 2018-19 Adopted Budget. There is no Net County Cost associated with this grant agreement.