



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 18-1043

Board Meeting Date: 11/13/2018

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Stephen Kaplan, Interim Director, Behavioral Health and Recovery Services

Subject: **Measure K:** Agreement with Voices of Recovery San Mateo County for Consumer-Operated, Self-Help, and Peer-Support Services, and Wellness and Recovery Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Voices of Recovery San Mateo County for consumer-operated, self-help, and peer-support services, and wellness and recovery services for the term July 1, 2018 through June 30, 2020, in an amount not to exceed \$597,787.

BACKGROUND:

Voices of Recovery San Mateo County (VORSMC) is the only agency in the County that provides consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders. In an effort to support those who have been affected by addiction, the National Council on Alcoholism and Drug Dependence collaborated with local stakeholders to create VORSMC.

VORSMC's services are essential to supporting consumers as they progress through all phases of wellness/recovery, including periods of relapse. Peer-support services are cost effective and have been found to engage clients who otherwise may not be able to participate in community activity programs on their own.

DISCUSSION:

VORSMC will provide consumer-operated, self-help, and peer-support services for individuals with co-occurring substance use and mental health disorders, and support through a total wellness program. In particular, VORSMC will provide Wellness Recovery Action Plan (WRAP) groups to formerly incarcerated adults through the Criminal Justice Realignment Act, and Drug Court clients and individuals as they transition to the aftercare phase of treatment. WRAP is a self-designed plan for staying well, increasing personal responsibility, and improving the quality of daily life.

The resolution contains the County's standard provision allowing amendment of the County's fiscal

obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is coming to your Board late due to prolonged contract negotiations. This agreement is on the Continuing Resolution.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing consumer-run peer-support services for adults and transition-age youth. BHRS provides a range of services to support consumers as they progress through all phases of wellness/recovery, and through periods of relapse. The provision of consumer-run peer-support services is one established level of support. Participation in support activities is an indicator of recovery improvement and clients' commitment to their own wellness and recovery. An increase in attendance indicates that the contractor is serving a larger audience and is being successful in reaching an underserved population. It is anticipated that 49 additional clients will attend peer support/recovery activities compared to the prior year.

PERFORMANCE MEASURE:

| Measure | FY 2017-18 Actual | FY 2018-19 Projected |
|--|---------------------------|---------------------------|
| Increase in the number of clients attending peer support/recovery activities from the prior year | 10% 49 additional clients | 10% 49 additional clients |

FISCAL IMPACT:

The term of the agreement is July 1, 2018 through June 30, 2020. The amount of the agreement is not to exceed \$597,787 for the two-year term. \$307,894 is included in the BHRS FY 2018-19 Adopted Budget. Of this amount, it is anticipated that Whole Person Care will fund \$191,806, Mental Health Services Act will fund \$20,000, 2011 Realignment will fund \$52,963, AB 109 will fund \$38,625, and **Measure K** will fund \$4,500. A similar arrangement will be in place for FY 2019-20. The payment provisions in this agreement remain essentially the same as those of the prior agreement.