



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 18-444

Board Meeting Date: 6/5/2018

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, Health System
David Young, Director, Behavioral Health and Recovery Services

Subject: Agreement with Horizon Services, Inc. for Residential Substance Use Disorder Detoxification Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Horizon Services, Inc. for residential substance use disorder detoxification services for the term July 1, 2018 through June 30, 2019, in an amount not to exceed \$899,571.

BACKGROUND:

Palm Avenue Detox, a program of Horizon Services, Inc. (Horizon), has been serving men and women of San Mateo County for over 35 years. Horizon assists clients in connecting to ongoing substance use disorder treatment programs, primary and psychiatric care, housing, and other health-related services.

Under the Administrative Memorandum B-1, treatment agreements providing housing services and related supports are exempt from the RFP process. Horizon is one of six residential providers in San Mateo County.

DISCUSSION:

Horizon operates Palm Avenue Detox, a 21-bed detoxification facility that serves men and women (including the formerly incarcerated) who have a co-occurring substance use and mental health disorder. The majority of those admitted stay three to five days. Through this agreement, Horizon shall detoxify, stabilize, and assess clients by providing extended assessment and linkages to medication assisted treatment and other identified substance use services to support recovery. Horizon operates the only licensed non-medical residential detoxification facility in San Mateo County.

The resolution contains the County's standard provisions allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing individuals and families in San Mateo County with residential detoxification and stabilization services, as well as other needed substance use services to support recovery. Successful discharge occurs when a program participant completes detoxification services and is in transition to the next appropriate level of care. Research shows that the longer participants are retained in an appropriate level of treatment, the more likely they are to achieve long-term recovery. A participant's willingness to continue in treatment is a key element to successful stabilization and progress towards sustained recovery. It is anticipated that 90% of clients will achieve a successful detoxification discharge.

PERFORMANCE MEASURE:

| Measure | FY 2017-18 Estimated | FY 2018-19 Projected |
|--|----------------------|----------------------|
| Percentage and number of program participants with a successful detoxification discharge | 90% 800 participants | 90% 800 participants |
| | | |

FISCAL IMPACT:

The term of the agreement is July 1, 2018 through June 30, 2019. The amount of the agreement is not to exceed \$899,571 and is included in the BHRS FY 2018-19 Recommended Budget. Of this amount, it is anticipated that Substance Abuse Prevention and Treatment Block Grant will fund \$569,361 and Whole Person Care Grant will fund \$176,503. The remaining \$153,707 is Net County Cost. The payment provisions and levels of service remain the same as those of the prior agreement.