



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 18-244

Board Meeting Date: 3/27/2018

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, Health System

David Young, Director, Behavioral Health and Recovery Services

Subject: Amendment to the Agreement with Heart and Soul, Inc. for the Helping Our Peers Emerge Program

RECOMMENDATION:

Adopt a resolution authorizing an amendment to the agreement with Heart and Soul, Inc. for the development, management and fiscal oversight of the Helping Our Peers Emerge (HOPE) program, increasing the amount by \$1,201,141 to an amount not to exceed \$2,213,642, and extending the term of the HOPE program through June 30, 2019.

BACKGROUND:

In 2009 Heart and Soul, Inc. was established as an independent 501(c)(3) consumer-run organization to provide peer-support and self-help services in San Mateo County. Heart and Soul, Inc. has been working with Behavioral Health and Recovery Services (BHRS) since its establishment.

On October 17, 2017, your Board approved an agreement with Heart and Soul, Inc. for consumer-run peer-support services, and health and wellness services for the term July 1, 2017 through June 30, 2019, in an amount not to exceed \$907,502.

On November 9, 2017, the Chief of the Health System approved an amendment to the agreement for summit planning and preparation, increasing the amount of the agreement by \$4,999 to \$912,501, with no change to the agreement term.

On December 12, 2017, through a separate agreement, the Chief of the Health System approved an agreement with Heart and Soul, Inc. for HOPE program start-up costs, for the term January 1, 2018 through February 28, 2018, in an amount not to exceed \$100,000. Due to time constraints from the State, it was necessary to get the program set up as quickly as possible, with the intent to incorporate this agreement with the larger Heart & Soul agreement.

DISCUSSION:

Through this amendment, BHRS will combine two agreements with Heart & Soul: 1) for consumer-run peer-support services, and health and wellness services in the amount of \$912,501; and 2) the HOPE program, for start-up costs in the amount of \$100,000. The contractor will develop, manage and provide fiscal oversight of the HOPE program. As part of the Whole Person Care pilot, the HOPE program is designed to assist individuals who are ready to step down from a locked psychiatric setting. The HOPE program provides peer-led services that ease the transition for individuals emerging back into the community through on-going support and focus while maintaining stability in the community to prevent or reduce the frequency of subsequent hospital admissions.

The agreement and resolution have been reviewed and approved by County Counsel as to form.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing consumer-run peer-support services for adults and transition-age youth. BHRS provides a range of services to support consumers as they progress through all phases of wellness/recovery, including periods of relapse. The provision of consumer-run peer-support services is one established level of support. Participation in peer-support services is an indicator of the clients' commitment to improving their own wellness and recovery. It is anticipated that no more than 5% of program participants' will be readmitted to a higher level of care.

PERFORMANCE MEASURE:

| Measure | FY 2017-18 Estimated | FY 2018-19 Projected |
|---|----------------------|-----------------------|
| Percent of readmissions to a higher level of care | N/A * | 5% __ 4 of 80 clients |

* This is a new program, results will be available in FY 2018-19.

FISCAL IMPACT:

The term of the amended agreement is July 1, 2017 through June 30, 2019. The amount of the amended agreement is not to exceed \$2,213,642; the amendment increases the contract amount by \$1,201,141. Of the increase, \$358,367 is included in the BHRS FY 2017-18 Adopted Budget and \$842,774 will be included in the BHRS FY 2018-19 Recommended Budget. The increase is 100% funded by the Whole Person Care grant.