



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 23-1003

Board Meeting Date: 12/12/2023

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Jeï Africa, Director, Behavioral Health, and Recovery Services

Subject: Agreement with StarVista for Law Enforcement Co-responding Behavioral Health Crisis Services - Cities of San Mateo and Foster City

RECOMMENDATION:

Adopt a resolution authorizing an agreement with StarVista for law enforcement co-responding behavioral health crisis services for the Cities of San Mateo and Foster City, for the term of December 1, 2023 through November 30, 2025, in an amount not to exceed \$491,466.

BACKGROUND:

For over 20 years, Behavioral Health, and Recovery Services (BHRS) has contracted with StarVista for mental health services, a mobile crisis response team for youth, Girls' Juvenile Court services, child abuse treatment services, the Early Childhood Community Team, substance use disorder treatment services, and the Community Wellness Crisis Response Team (CWCRT) for community members experiencing mental health crisis.

On January 12, 2020, this Board approved the resolution to enter into the Pilot Program of CWCRT, a partnership among four City Police Departments (Daly City, South San Francisco, San Mateo, and Redwood City) and the County, to embed one mental health clinician in each of those cities' police departments to provide a co-response to crisis calls involving mental health issues. The County expanded its contract with StarVista and its crisis intervention services to include the provision of mental health clinicians for the CWCRTs. Under the Pilot Program, StarVista clinicians assisted in the first response by providing early intervention, crisis de-escalation, 5150 evaluations, involuntary holds, referrals to therapeutic hospitalizations, and guidance to support services for individuals in mental health crisis.

DISCUSSION:

Under this agreement, State funding, supplemented by funding from the cities of San Mateo and Foster City, will fund one full-time mental health clinician, expanding the CWCRT program. This

mental health clinician will be shared equally between San Mateo and Foster City Police Departments, to provide the first response mental health crisis services as described above. San Mateo and Foster City Police Departments will each contribute 25% (for a combined total of 50%) of the personnel costs, operations costs, and program evaluation costs. The County will contribute the other 50% of the costs from funding received by the State. This expansion of CWCRT with the cities of San Mateo and Foster City is formalized by agreement, included with this Board Memo for reference.

The County of San Mateo benefits from the implementation of this agreement by increasing its ability to directly respond to community members in mental health crisis; providing Medi-Cal reimbursable services to County clients; improving response time for those in need of mental health services and resources; and creating a broader and more effective continuum of care that results in a decrease in justice system contacts.

The services provided by StarVista through this agreement are an expansion of the current CWCRT program, for which StarVista is a key provider. As such, StarVista is fully immersed and integrated into the CWCRT model, providing a unique and critical service to the County. For these reasons, this Board is being asked to waive the County’s Request for Proposals process so that BHRS can contract with StarVista for these services.

The resolution contains the County’s standard provision allowing amendment of the County’s fiscal obligations by a maximum of \$25,000 (in aggregate).

This agreement and resolution have been reviewed and approved by the County Attorney as to form.

This agreement is late due to extended negotiations with the Cities of San Mateo and Foster City.

It is anticipated that the CWCRT clinician will respond in-person to provide crisis assessment and crisis evaluation for 100% of calls for which a mental health issue is suspected and to which the clinician is dispatched. It is also anticipated that 80% of Medi-Cal clients will be provided with at least one follow-up post crisis assessment.

PERFORMANCE MEASURE:

Measure	FY 2023-24 Estimated	FY 2024-25 Projected
Percentage of calls responded to in-person by CWCRT clinician to provide crisis assessment and evaluation	100%	100%
Percentage of Medi-Cal clients that are provided with at least one follow-up post crisis assessment	80%	80%

FISCAL IMPACT:

The term of the agreement is December 1, 2023 through November 30, 2025. The amount of the agreement is not to exceed \$491,466 for the two-year term, and \$143,344 is included in the BHRS FY 2023-24 Adopted Budget. Of the FY 2023-24 amount, \$71,672 will be funded by the State,

\$35,836 will be funded by the Foster City Police Department, and \$35,836 will be funded by the San Mateo Police Department. Similar arrangements will be made for future years.