



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 23-868

Board Meeting Date: 10/17/2023

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Jei Africa, Director, Behavioral Health, and Recovery Services

Subject: Agreement with BHC Fremont Hospital, Inc. dba Fremont Hospital for Psychiatric Inpatient Hospital Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with BHC Fremont Hospital, Inc. dba Fremont Hospital for psychiatric inpatient hospital services for the term of July 1, 2023 through June 30, 2025, in an amount not to exceed \$1,750,000.

BACKGROUND:

Since 2000, the County has contracted with Mills Peninsula Hospital and John Muir Behavioral Health Center for psychiatric inpatient hospital services in the northern part of the County. In order to cover the southern part of the County for emergency admissions and/or when San Mateo Medical Center is full, Behavioral Health and Recovery Services (BHRS) would like to enter into an agreement with BHC Fremont Hospital, Inc. dba Fremont Hospital (BHC Fremont). BHRS has contracted with BHC Fremont for psychiatric inpatient hospital services since 2018.

Under the B-1 Administrative Memorandum, the selection of providers delivering inpatient psychiatric hospital services for mental health clients is exempt from the Request for Proposals requirement. In order to improve service capacity, BHRS may contract for psychiatric inpatient hospital services with any willing, qualified provider.

DISCUSSION:

The agreement with BHC Fremont is based on fee-for-service rates, including psychiatric inpatient hospital services for Medi-Cal-covered youth and adults and psychiatric inpatient hospital services for uninsured youth and adults. Administrative Day rates, which are set by the State, are also included. Only services authorized by BHRS will be paid.

The agreement and resolution have been reviewed and approved by the County Attorney as to form.

The resolution contains the County's standard provisions allowing amendments to the County's fiscal obligation by a maximum of \$25,000 (in aggregate).

This agreement is going to this Board late due to prolonged rate negotiations with the vendor.

It is anticipated that 88% of clients who receive psychiatric inpatient hospital services will not be re-admitted within 30 days of discharge.

PERFORMANCE MEASURES:

Measure	FY 2022-23 Actual	FY 2023-24 Estimated
Percentage of clients receiving psychiatric inpatient hospital services that will not be re-admitted within 30 days of discharge	90% 270 Clients	88% 264 Clients

FISCAL IMPACT:

The term of the agreement is July 1, 2023 through June 30, 2025. The amount of the agreement is not to exceed \$1,750,000, for the two-year term. Funds in the amount of \$875,000 have been included in BHRS FY 2023-24 Adopted Budget. Similar arrangements will be made for future years. Of the FY 2023-24 amount, it is anticipated that 100% will be funded from 1991 Realignment.