



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 23-374

Board Meeting Date: 5/23/2023

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Jei Africa, Director, Behavioral Health, and Recovery Services

Subject: Agreement with Canyon Manor for Mental Health Rehabilitation Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Canyon Manor for mental health rehabilitation services for the term of July 1, 2023, through June 30, 2025, in an amount not to exceed \$607,646.

BACKGROUND:

Canyon Manor provides a full range of mental health residential services, including rehabilitative mental health services, psychiatric services, medication support, and individual and group therapy. Canyon Manor also provides a critical continuum of care and treatment, ranging from traditional psychiatric services to recovery programs geared toward community reintegration.

Behavioral Health and Recovery Services (BHRS) manage the placements of this and other residential service facilities within the total budgeted amount for mental health residential services.

DISCUSSION:

Canyon Manor is a locked mental health rehabilitation center (MHRC) that will provide two beds to BHRS clients who are seriously mentally ill and need mental health rehabilitation, treatment, and long-term care. Services provided through this agreement offer a much-needed alternative to using more costly hospital emergency services, inpatient hospital admissions, and correctional facilities. These MHRC placements are vital in supporting San Mateo County clients in stepping down from higher, more costly levels of care.

MHRC facilities like Canyon Manor have established expertise serving clients with complex behavioral health needs. However, California currently needs more MHRC facilities like Canyon Manor, which provides acute, psychiatric, and subacute beds within the State. This shortage results in high bed occupancy rates and long waitlists for placements, meaning that clients stay at the more costly acute levels of care until an MHRC placement is available. San Mateo County clients continue to suffer the detrimental effects of this MHRC bed shortage. To illustrate: BHRS currently has eight clients who have been waiting for over four months in acute facilities for placement at an MHRC.

The needs of the clients served by MHRC facilities and the uniqueness of the MHRC market inform the procurement approach that the County has adopted for this contract, in addition to the B-1 Administrative Memo exception for Housing Services and Related Supports.

The resolution contains the County's standard provisions allowing amendments to the County's fiscal obligation by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Attorney as to form.

It is anticipated that up to 50% of all admissions will be discharged to an acute psychiatric level of care.

PERFORMANCE MEASURES:

Measure	FY 2023-24 Estimated	FY 2024-25 Projected
Percentage of clients discharged to an acute psychiatric level of care	50% 1 client	≤ 50% 1 client

FISCAL IMPACT:

The term of the agreement is July 1, 2023, through June 30, 2025. The amount of the agreement is not to exceed \$607,646 for the two-year term. Funds in the amount of \$304,207 will be included in the BHRS FY 2023-2024 Recommended Budget. Of that amount, it is anticipated that \$273,786 will be funded by 1991 Realignment, and \$30,421 will be funded by Net County Cost. Similar arrangements will be made for future years. The agreement's payment provisions and level of services are essentially the same as the prior agreement.