



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 22-675

Board Meeting Date: 9/13/2022

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Lisa Mancini, Interim Director, Behavioral Health and Recovery Services

Subject: Agreement with Cielo House, Inc. for Comprehensive Treatment Services for Clients Diagnosed with Eating Disorders

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Cielo House, Inc. for comprehensive treatment services for clients diagnosed with eating disorders for the term of July 1, 2022 through June 30, 2024, in an amount not to exceed \$400,000.

BACKGROUND:

In 2018, Behavioral Health and Recovery Services (BHRS) identified a need to fill a service gap for Severely Mentally Ill (SMI) adult clients diagnosed with moderate to severe eating disorders, as defined in the DSM-5, that require a more specialized and intensive level of treatment. At the time, no BHRS clinic or program effectively addressed the comprehensive behavioral, dietary, and medical needs associated with moderate/severe eating disorders. BHRS reached out to several local providers. Cielo House Inc. (Cielo House) was one of two providers that met the requirements to provide comprehensive and specialized treatment for clients diagnosed with eating disorders such as anorexia, bulimia, binge eating disorder, and eating disorders not otherwise specified.

In July 2018, BHRS conducted an open and fair process to select a provider by obtaining three quotes. Cielo House submitted a quote and BHRS entered into an agreement with Cielo House for the term of July 26, 2018, through June 30, 2020, in an amount not to exceed \$300,000.

The agreement was renewed for the term July 1, 2020 through June 30, 2022, in an amount not to exceed \$400,000.

Residential treatment services are exempt from the Request for Proposal process under the B-1 Administrative Memorandum.

DISCUSSION:

Cielo House provides Intensive Outpatient (IOP), Partial Hospitalization Program (PHP), outpatient treatment services, and residential treatment services for SMI adult clients with moderate to severe eating disorders who need specialized treatment. Ongoing services include nutritional assessments, comprehensive treatment plans, close supervision, dietary counseling, psychiatry, and individual/family counseling. There is a continued need for these specialized services to support clients with eating disorders in their recovery.

During the COVID-19 health crisis, Cielo House has maintained service expectations through online telehealth platforms. Telehealth services are now a state-recognized and billable option to deliver mental health services.

The resolution contains the County’s standard provision allowing amendment of the County’s fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by the County Attorney. The agreement is coming to this Board late due to prolonged contract negotiations and is on the path of a continuing resolution.

It is anticipated that 50% of clients receiving services will not require hospitalization and no more than one Psychiatric Emergency Services (PES) visit.

PERFORMANCE MEASURE:

Measure	FY 2022-23 Estimated	FY 2023-24 Projected
Percentage of clients receiving services that will not require hospitalization and will have no more than one PES visit	50% 5 clients	50% 5 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2022, through June 30, 2024. The amount of the agreement is not to exceed \$400,000 for the two-year term. Funds in the amount of \$200,000 are included in the BHRS FY 2022-23 Recommended Budget. Similar arrangements will be made for future years. The FY 2022-23 amount is anticipated that \$200,000 will be funded by Mental Health Services Act. There is no Net County Cost.