



County of San Mateo

Inter-Departmental Correspondence

Department: HEALTH

File #: 21-642

Board Meeting Date: 8/3/2021

Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise F. Rogers, Chief, San Mateo County Health
Scott Gilman, Director, Behavioral Health and Recovery Services
Lisa Mancini, Director, Aging and Adult Services

Subject: Agreement with Helios Healthcare, LLC for Residential Rehabilitation and Long-Term Care Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Helios Healthcare, LLC for residential rehabilitation and long-term care services for the term July 1, 2021 through June 30, 2024, in an amount not to exceed \$2,610,450.

BACKGROUND:

Helios Healthcare, LLC (Helios) is a provider of mental health services in a locked facility setting. Helios provides neurobehavioral, psychosocial rehabilitation, adult residential, wellness recovery action planning, and health and wellness programs. Helios' services include behavior modification, skilled nursing, life skills training, recreation and rehabilitation, neurobehavioral support, dementia and Alzheimer's care, behavior intervention, vocational and pre-vocational training, and self-advocacy.

Since 1988, Helios has been providing services to San Mateo County residents as a sister company to Crestwood Behavioral Healthcare, which also contracts with the County to provide specialized mental health services. Under the B-1 Administrative Memorandum, the selection of providers for long-term locked facility services is exempt from the Request for Proposals requirement.

DISCUSSION:

Helios will provide services to both the Behavioral Health and Recovery Services (BHRS) and Aging and Adult Services (AAS) divisions of San Mateo County Health. Helios will provide up to 13 beds for BHRS clients who are seriously mentally ill and in need of mental health rehabilitation, treatment and long-term care. Helios will also provide up to six skilled nursing facility beds for AAS clients who are probate dementia conservatees and who require a locked long-term treatment setting. Services provided through this agreement offer an alternative to the use of more costly hospital emergency

services, inpatient hospital admissions, and correctional facilities.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form.

This agreement is coming to your Board late due to prolonged contract negotiations and is on the Continuing Resolution.

It is anticipated that 67% of clients will be maintained at a current or lower level of care.

PERFORMANCE MEASURE:

Measure	FY 2020-21 Actual	FY 2021-22 Estimated
Percentage of clients maintained at current or lower level of care	67% 4 Clients	67% 4 Clients

FISCAL IMPACT:

The term of the agreement is July 1, 2021 through June 30, 2024. The amount of the agreement is not to exceed \$2,610,450 for the three-year term. Of this amount, \$2,091,450 is for BHRS and \$519,000 is for AAS.

Of the maximum amount for BHRS, \$697,150 will be for FY 2021-22 and is funded as follows: 90% or \$627,435 is from sales tax Realignment, and 10% or \$69,715 is Net County Cost. These funds are included in the BHRS FY 2021-22 Recommended Budget.

Of the maximum obligation for AAS, \$173,000 will be for FY 2021-22 and is 100% funded through client reimbursements. There is no Net County Cost. These funds are included in the AAS FY 2021-22 Recommended Budget.

The payment provisions in this agreement remain essentially the same as those of the prior agreement.