

County of San Mateo

Inter-Departmental Correspondence

Department: BOARD OF SUPERVISORS

DISTRICT 2 File #: 24-237

Board Meeting Date: 4/9/2024

Special Notice / Hearing: None

Vote Required: Majority

To: Honorable Board of Supervisors

From: Michael P. Callagy, County Executive

Subject: Use of District-Discretionary **Measure K**: Amendment to Agreement with Hope Services

- Supervisorial District 2

RECOMMENDATION:

Measure K: Adopt a resolution authorizing an amendment to the district-discretionary **Measure K** Grant Agreement with Hope Services, extending the term through July 31, 2025, replacing Exhibits A and B in their entireties, with no change to the not-to-exceed amount of \$60,000, and authorizing the County Executive, or designee, to execute the amendment.

BACKGROUND:

On May 23, 2023, this Board approved a one-time grant of district-discretionary **Measure K** funds in an amount not to exceed \$60,000 to Hope Services to provide additional resources (parent support groups, assessment kits, consultations, and hiring additional professionals) to support their mental health, early intervention, and treatment services for children.

DISCUSSION:

Hope Services has requested a change to the scope of work for the **Measure K** grant agreement, to provide psychiatric medication support and individual counseling instead of parent support groups, and to extend the grant agreement term through July 31, 2025. Hope Services has worked to recruit participants for parent support groups since the approval of the grant but has been unsuccessful in obtaining referrals from partner agencies or interest from the public. Hope Services has requested that the **Measure K** funds that had been allocated for the parent support groups be redirected to focus on psychiatric medication support and individual counseling to San Mateo County dual diagnosis clients with developmental disabilities and a mental health diagnosis.

Hope Services will provide an estimated 2 hours of medication services and 13 hours of individual counseling per client, for an estimated total of 10 clients. Medication services will consist of a 1-hour initial psychiatric evaluation and approximately two 30-minute follow-up appointments to monitor and prescribe mental health medication. Individual counseling will consist of approximately 13 one-hour

weekly sessions. Individual counseling sessions will be with a trained mental health clinician and over the course of the weekly sessions, each client will receive a full mental health psychological assessment.

Grantee will also purchase assessment kits (to assess behavioral, cognitive, physical, and social-emotional abilities), cover consultant fees for approximately 80 consultations (including nutrition and sleep consultants), and hire new Outreach Specialist, Early Intervention, and Mental Health professionals.

This amendment is consistent with the criteria for district-discretionary **Measure K** funds approved by the Board in December 2018.

PERFORMANCE MEASURE:

| Description | Target |
|---|----------|
| Provide psychiatric medication support and individual counseling to San Mateo County clients with developmental disabilities and a mental health diagnosis. | Complete |
| Purchase assessment kits (to assess behavioral, cognitive, physical, and social-emotional abilities) | Complete |
| Consultation fees for approximately 80 total consultations (including nutrition and sleep consultants) | Complete |
| Hire Outreach Specialist, Early Intervention, and Mental Health professionals | Complete |

The County Attorney's Office has reviewed and approved the proposed amendment to the Agreement and the accompanying resolution as to form.

FISCAL IMPACT:

There is no fiscal impact to the County from this amendment to the agreement. Sufficient **Measure K** funds were already budgeted in the Non-Departmental Services FY 2023-24 Adopted Budget.