PROCLAMATION

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA PROCLAMATION DESIGNATING THE MONTH OF

September 2021 Suicide Prevention Month

WHEREAS, San Mateo County will join the country and state in honoring Suicide Prevention Month (September), National Suicide Prevention Week (September 5-11) and World Suicide Prevention Day (September 10) to spread the message that suicide can be prevented; and

WHEREAS, in 2020, 79 people died by suicide (32% increase from 60 in 2019) in San Mateo County and over 14,100 calls were made to the San Mateo County Star Vista Crisis Hotline (15% increase from 12,300 calls in 2019); and

WHEREAS, with the pandemic changing the fabric of our lives, suicide prevention is more important than ever and all San Mateo County residents are urged to play a role in supporting each other and preventing suicide by knowing the signs of suicide, finding the words to communicate and reaching out to local 24/7 resources, including our local San Mateo County Star Vista Crisis Hotline (650-579-0350) or National Suicide Prevention Lifeline (1-800-273-TALK); and

WHEREAS, residents can also play a role in suicide prevention by supporting local Suicide Prevention Month events and communication campaigns - in California and San Mateo County, the 2021 September Suicide Prevention Month theme is "Supportive Transitions: Reconnect, Reenter, Rebuild"; and

WHEREAS, beyond September, you can join the San Mateo County Suicide Prevention Committee which provides oversight and direction to suicide prevention efforts in the County and advances this mission by focusing on strategies and activities in the Suicide Prevention Roadmap 2021-2026, and more.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of September 2021 as Suicide Prevention Month and calls upon San Mateo County residents and partners to work together to prevent suicides in our community.

Dated: September 14, 2021

DAVID J. CANEPA, President
DAVID J. CANEFA, Fresiden
DAVE PINE
DON HORSLEY
CAROLE GROOM
WARREN SLOCUM

Deputy Clerk of the Board of Supervisors