

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA PROCLAMATION DESIGNATING THE MONTH OF

April 2021 Workforce Wellness Month

WHEREAS, over the past year San Mateo County's (SMC) workforce responded consistently & compassionately to the needs of everyone in our community during the uncertainty of the Coronavirus Pandemic & the impact of social unrest throughout our country; and

WHEREAS, we understand the impact our workforce has sustained by the loss of loved ones, helping family & friends navigate pandemic challenges, juggling childcare & Zoom education and fatigue, loss of social connection & many other challenges; and

WHEREAS, we are aware that the current global pandemic can be experienced as a traumatic event by our workforce. We are dedicated to providing a culture of safety, empowerment & healing for all those who serve in San Mateo County via trauma informed care & practices; and

WHEREAS, due to the social unrest & impact of racism that was heightened during the pandemic we honor & recognize the diversity in San Mateo County & the array of healing practices we can learn from our cultural communities, and we commit to integrating these valuable culturally informed healing practices for the benefit of our workforce; and

WHEREAS, SMC Behavioral Health & Recovery Services with the support of Public Health Policy & Planning, County Human Resources, County Managers Office, First 5, SMC Office of Education, Human Services Agency & the Office of Diversity & Equity have created *Caring for Ourselves as a Workforce*, a month of wellness events for everyone in our San Mateo County's Workforce - we believe that with this month of focus on employee wellness we can begin healing together & embracing a culture of employee health & wellness that is anchored in culturally and trauma informed practices.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of April 2021 as Workforce Wellness Month and encourages community members, government agencies, public and private institutions, businesses and schools in San Mateo County to work together to support workforce wellness and resilience.

Dated: April 6, 2021

SUPERVISORS:

DAVID J. CANEPA, President

DAVE PINE

DON HORSLEY

CAROLE GROOM

WARREN SLOCUM

Attest: