

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA PROCLAMATION DESIGNATING

National Epilepsy Awareness Month 2020

WHEREAS, *The National Epilepsy Foundation has declared November 2020 as National Epilepsy Awareness month; and*

WHEREAS, *The National Epilepsy Foundation describes National Epilepsy Awareness Month as a way for our community to raise their voice and share their journey, wherever they are in the fight against epilepsy; and;*

WHEREAS, The National Epilepsy Foundation is a 501(c)(3) charitable organization dedicated to providing information, resources, and support to the over 180,000 Northern Californians living with epilepsy. EFNC's goal is to ensure that people with seizures are able to participate in all life experiences, to improve how the community views epilepsy, and to dispel myths about this condition by providing information through training, events, and programs; and

WHEREAS, Epilepsy is a medical condition that produces seizures which impact a variety of mental and physical functions; and;

WHEREAS, *Epilepsy is also known as a seizure disorder. A seizure occurs when a brief, strong surge of electrical activity affects parts or all of the brain. When a person has two or more seizures, they are considered to have epilepsy; and*

WHEREAS, *Epilepsy is the fourth most common neurological disorder in the United States after migraines, strokes and Alzheimer's disease; and;*

WHEREAS, Epilepsy seizures are classified into two groups: generalized seizures which affect both sides of the brain and focal seizures which occur in just one area of the brain; and;

NOW, THEREFORE, BE IT PROCLAIMED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates November 2020 as Epilepsy Awareness Month and encourages everyone to be more aware of this medical condition.

Dated: November 17, 2020

SUPERVISORS:

WARREN SLOCUM, PRESIDENT

DAVE PINE

DON HORSLEY

CAROLE GROOM

DAVID J. CANEPA

Attest: