

# PROCLAMATION

THE BOARD OF SUPERVISORS  
COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING MAY 10, 2019 AS

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## AANHPI MENTAL HEALTH DAY

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**WHEREAS**, the Asian American, Native Hawaiian & Pacific Islander (AANHPI) community is among the fastest growing and most diverse racial groups in the United States, make significant economic, political and social contributions and are 30.5% San Mateo County residents; and

**WHEREAS**, about one in four people in the world have mental health and substance use conditions in their lifetime, which can impair one’s ability to work, pursue education, enjoy healthy relationships, contribute to and participate in the community and live happy lives; and

**WHEREAS**, mental health and substance use issues impact people of all demographics, regardless of race, gender, sexual orientation, socioeconomic status, age and religion; and

**WHEREAS**, AANHPI uses behavioral health services at the lowest rates among ethnic populations. This is attributed to cultural stigma, limited behavioral health literacy, and lack of multilingual service providers who can speak with clients in their preferred languages; and

**WHEREAS**, increasing education and sharing stories of hope around mental health and substance use conditions are some of the most effective ways to reduce stigma and thereby increase utilization of behavioral health resources in the AANHPI community; and

**WHEREAS**, The San Mateo County Behavioral Health & Recovery Services Health Equity Initiatives, the Chinese Health Initiative, Filipino Mental Health Initiative and Pacific Islander Initiative, are working together to unify and uplift voices of our respective and collective communities toward wellness and equity; and

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates **May 10, 2019 as Asian American Native Hawaiian Pacific Islander Mental Health Day** and calls upon the collective community to commit to addressing the behavioral health needs and strengths of the AANHPI community.

*Dated: May 14, 2019*

*SUPERVISORS:*

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*CAROLE GROOM, PRESIDENT*

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*DAVE PINE*

\_\_\_\_\_  
*DON HORSLEY*

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*WARREN SLOCUM*

\_\_\_\_\_  
*DAVID J. CANEPA*

*Attest:* \_\_\_\_\_  
*Deputy Clerk of the Board of Supervisors*