

# PROCLAMATION

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THE BOARD OF SUPERVISORS  
COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING OCTOBER 2-6, 2017, AS  
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## National Mental Health Awareness Week & National Day of Prayer, Oct. 3

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**WHEREAS**, the San Mateo County Board of Supervisors declares October 2 – 6, 2017, as National Mental Health Awareness Week and Tuesday, October 3, 2017, as National Day of Prayer in San Mateo County; and

**WHEREAS**, there is a need to support the recovery process of clients/consumers and family members struggling with the challenges of mental health and substance use issues through the delivery of culturally responsive services, including but not limited to the incorporation of identified spiritual practices and beliefs when requested; and

**WHEREAS**, mental health and substance use issues are among the leading causes of health challenges in America; and

**WHEREAS**, scientific studies show that when the identified spiritual practices of a client/consumer are embraced as a part of the recovery plan, the client/consumer along with the behavioral health system experience shorter recovery times, fewer relapses, and fewer hospitalizations; and

**WHEREAS**, San Mateo Behavioral Health and Recovery Services in an effort to reflect the diverse population of the county and in support of the Statewide Mental Health and Spirituality Initiative has made San Mateo County one of the pioneering counties to heed the voice of the client/consumer and family members in building collaborations with various faith based/spiritual communities to explore all resources and tools that will enhance mental health wellness; and

**WHEREAS**, clients/consumers, family members, providers, spiritual leaders and all other interested stakeholders can participate in efforts to replace misinformation about mental health, erase prejudice, fear and blame thereby reducing stigma and disparities to unserved, underserved and inappropriately served communities by helping restore mental health wellness in San Mateo County.

**NOW, THEREFORE, BE IT RESOLVED**, that the Board of Supervisors, County of San Mateo, State of California proclaims October 2 – 6, 2017 as NATIONAL MENTAL HEALTH AWARENESS WEEK and TUESDAY, OCTOBER 3, 2017, AS NATIONAL DAY OF PRAYER and encourages everyone to participate in this important cause.

Dated: October 3, 2017      SUPERVISORS

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DON HORSLEY, PRESIDENT

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DAVE PINE

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CAROLE GROOM

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WARREN SLOCUM

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DAVID J. CANEPA

Attest: \_\_\_\_\_  
Deputy Clerk of the Board of Supervisors