

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
DESIGNATING MAY 10, 2018 AS

AANHPI Mental Health Day

WHEREAS, The Asian American, Native Hawaiian & Pacific Islander (AANHPI) community is among the fastest growing and most diverse racial groups in the United States, make significant economic, political and social contributions and are 30.5% San Mateo County residents; and

WHEREAS, about one in four people in the world have a mental health and substance use condition in their lifetime, which can impair one’s ability to work, pursue education, enjoy healthy relationships, contribute to and participate in the community and live happy lives; and

WHEREAS, mental health and substance use issues impacts people of all demographics, regardless of race, gender, sexual orientation, socioeconomic status, age and religion; and

WHEREAS, AANHPI use behavioral health services at the lowest rates among ethnic populations. This is attributed to cultural stigma, limited behavioral health literacy, and lack of multilingual service providers who can speak with clients in their preferred languages; and

WHEREAS, increasing education and sharing stories of hope around mental health and substance use conditions are some of the most effective ways to reduce stigma and thereby increase utilization of behavioral health resources in the AANHPI community; and

WHEREAS, The San Mateo County Behavioral Health & Recovery Services Health Equity Initiatives, the Chinese Health Initiative, Filipino Mental Health Initiative and Pacific Islander Initiative, are working together to unify and uplift voices of our respective and collective communities toward wellness and equity; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates **May 10, 2018 as Asian American Native Hawaiian Pacific Islander Mental Health Day** and calls upon the collective community to commit to addressing the behavioral health needs and strengths of the AANHPI community.

Dated: May 8, 2018

SUPERVISORS:

DAVE PINE, PRESIDENT

CAROLE GROOM

DON HORSLEY

WARREN SLOCUM

DAVID J. CANEPA

Attest: _____
Deputy Clerk of the Board of Supervisors