

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING THE MONTH OF

May 2018
Mental Health Awareness Month

WHEREAS, mental health and freedom from addiction is fundamental to the overall health and well-being of all residents in San Mateo County; and

WHEREAS, mental health conditions affect one in four people in the world at some point in their lives, regardless of gender, race, ethnicity, religion, or economic status; and

WHEREAS, mental health conditions are one of the leading causes of disabilities in the United States; and

WHEREAS, mental health and substance use conditions are as treatable as other health conditions, and people who have mental health and addiction issues can recover and lead full, productive lives; and

WHEREAS, nationally, an estimated two-thirds of adults and youth with a diagnosable mental health conditions are not receiving the help they need; and

WHEREAS, stigma and discrimination prevent many from seeking behavioral health services and other forms of support, and education and sharing stories are key to reducing this stigma; and

WHEREAS, on Friday, May 4th, the Art of Wellness Festival in Half Moon Bay will kick off the 2018 May Mental Health Awareness Month and focus on bridging communities to wellness through art; and

WHEREAS, the behavioral health professionals of San Mateo County Behavioral Health and Recovery Services and its community partners have dedicated themselves to promoting wellness, recovery and equity by reducing stigma and discrimination around mental health, addiction and co-occurring conditions.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2018 as Mental Health Awareness Month, and calls upon the residents, public agencies and private institutions, in San Mateo County to recommit to increasing awareness and understanding of mental health and addiction, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental health and substance use conditions.

Dated: April 24th, 2018

SUPERVISORS:

DAVE PINE, President

CAROLE GROOM

DON HORSLEY

WARREN SLOCUM

DAVID CANEPA

Attest: _____
Deputy Clerk of the Board of Supervisors