

## **COUNTY OF SAN MATEO**

Inter-Departmental Correspondence Health System



**Date:** August 19, 2015

Board Meeting Date: October 6, 2015

Special Notice / Hearing: None
Vote Required: Majority

**To:** Honorable Board of Supervisors

**From:** Louise Rogers, Chief, Health System

Stephen Kaplan, Director, Behavioral Health and Recovery Services

**Subject:** Agreement with Mental Health Association of San Mateo County for housing

and housing-related mental health services, rehabilitation services and

Flexible Fund administration

## **RECOMMENDATION:**

Adopt a resolution authorizing an agreement with the Mental Health Association of San Mateo County for housing and housing-related mental health services, rehabilitation services and Flexible Fund administration, for the term of July 1, 2015 through June 30, 2016, in an amount not to exceed \$1,760,503.

## **BACKGROUND:**

For many years, the Mental Health Association of San Mateo County (MHA) has contracted with Behavioral Health and Recovery Services (BHRS) to provide shelter, supported housing and other mental health rehabilitation services to County clients. These services focus primarily on providing low-cost, community-based alternatives for BHRS clients who are at risk of an acute inpatient psychiatric admission, placement in a locked skilled nursing facility, or becoming homeless. In addition, MHA administers the Flexible Funds, which may be used to purchase unique services for BHRS clients such as food, shelter, clothing and other basic necessities. MHA's Flexible Funds help clients maintain independent living in the community, remain engaged in mental health services, and avoid hospitalization.

Under the B-1 Administrative memorandum, the selection of providers of housing services for BHRS clients is exempt from the Request for Proposals process.

#### **DISCUSSION:**

MHA will provide rehabilitation services for seriously mentally ill (SMI) adults with mental health and co-occurring disorders, as well as emergency short-term housing at the Spring Street Emergency Shelter for homeless clients. MHA will also provide Shelter

Plus Care Project coordination, operate the Friendship Center, and administer Flexible Funds for BHRS' Adult and Older Adult Services and its Pathways Program. Finally, MHA will secure and manage 20 units of high-quality housing for transition-age youth Full Service Partnership enrollees.

This contract is late because BHRS, as a part of its due diligence for this agreement, needed to review the contractor's FY 14-15 units of service and costs, prior to finalizing this new contract for FY 15-16.

The resolution contains the County's standard provisions allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is on the Continuing Resolution.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing transitional residential treatment and supported housing for SMI adults. BHRS provides a range of services to promote wellness and recovery and to support consumers remaining in the lowest possible level of care. It is anticipated that 85% of clients in supportive housing will not be hospitalized.

# PERFORMANCE MEASURE(S):

| Measure                                | FY 2014-15 Actual | FY 2015-16 Projected |
|--|-------------------|----------------------|
| Clients remaining in the community and | 89% *             | 85%                  |
| out of the hospital                    | 150 clients       | 143 clients          |

<sup>\*</sup> Actual result was better than target of 85%

#### **FISCAL IMPACT:**

The term of the agreement is July 1, 2015 through June 30, 2016. The amount of the agreement is not to exceed \$1,760,503. Funding will be in the form of: \$747,232 from Sales Tax through Realignment; \$309,944 from Federal Medi-Cal; \$215,000 from the Mental Health Services Act (MHSA) for Supportive Housing; \$12,000 from a Substance Abuse and Mental Health Services Administration Total Wellness Grant; \$11,000 from MHSA for Workforce Training; \$575 from Medicare; and \$20,886 from a Veteran's Treatment Court Grant. The remaining balance of \$443,866 will be net county cost. These funds are included in the BHRS FY 2015-16 Adopted Budget. The payment provisions and levels of service remain essentially the same as those of the prior agreement.