

# San Mateo County Youth Commission

*Annual Report to the Board of Supervisors  
June 16th, 2015*



*FY 2014-2015*



# What is the SMCYC?

## **Mission Statement:**

The Youth Commission strives to address issues affecting youth in San Mateo County and bridges the gap between adult and youth perspectives. By placing youth in committees and on County Boards and Commissions, the Youth Commission increases awareness of and advocates for youth issues, advises the Board of Supervisors, presents policy recommendations, and creates projects that serve the community.

## **Top Priorities for '14-'15:**

1. Increase awareness of the Youth Commission and how it is a way for peers to get involved in local government.
2. Educate youth about mental health issues and increase services all while promoting overall well being amongst youth (emotionally, socially, mentally, and physically).
3. Increase number and awareness of positive resources and outlets for stress management.
4. Increase environmental awareness in San Mateo County while protecting our County's resources (such as parks, energy, water, etc).
5. Promote equality and anti discrimination by providing equal opportunities for all demographics of youth in County.

# Who are we?

- 25 Youth
- Ages 14-18
- 15 different high schools
- Districts 1,2,3,4
- Varied lived experiences



# New for the FY 2014-2015

- Partnership with City of San Mateo Parks and Recreation Department for Youth Conference
- New School representation

# Subcommittees

- Executive Board
- Youth Conference Planning Subcommittee
- Procedural Rules



# Committees

1. Adolescent Needs
2. Environmental Protection
3. Immigrant Youth
4. Legislative
5. Teen Stress and Happiness



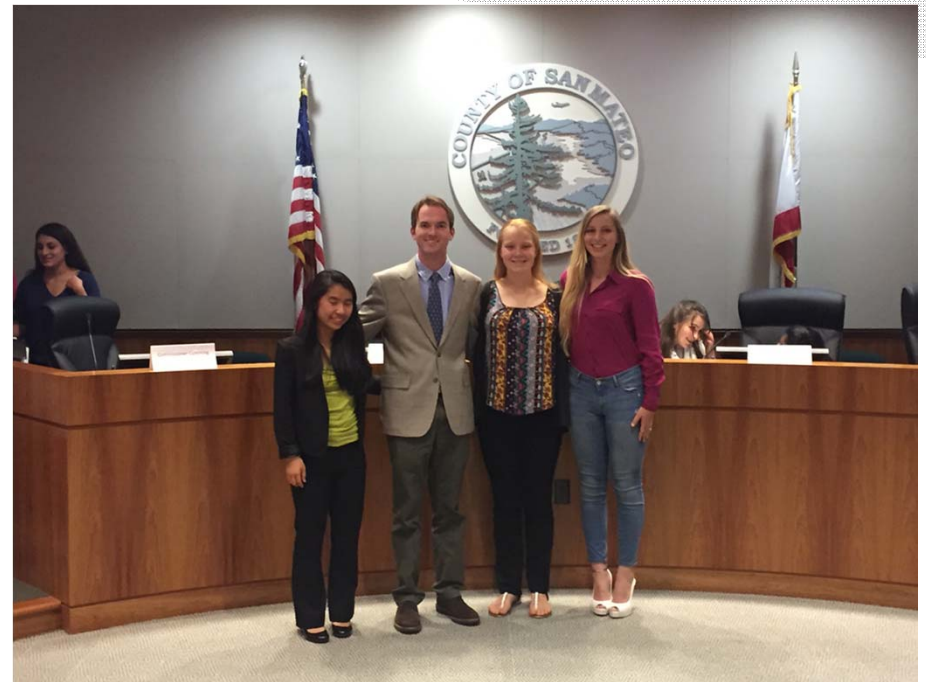
# Adolescent Needs Committee



- Adolescent Needs Report
- Community Presentations
- Youth Advisory Boards

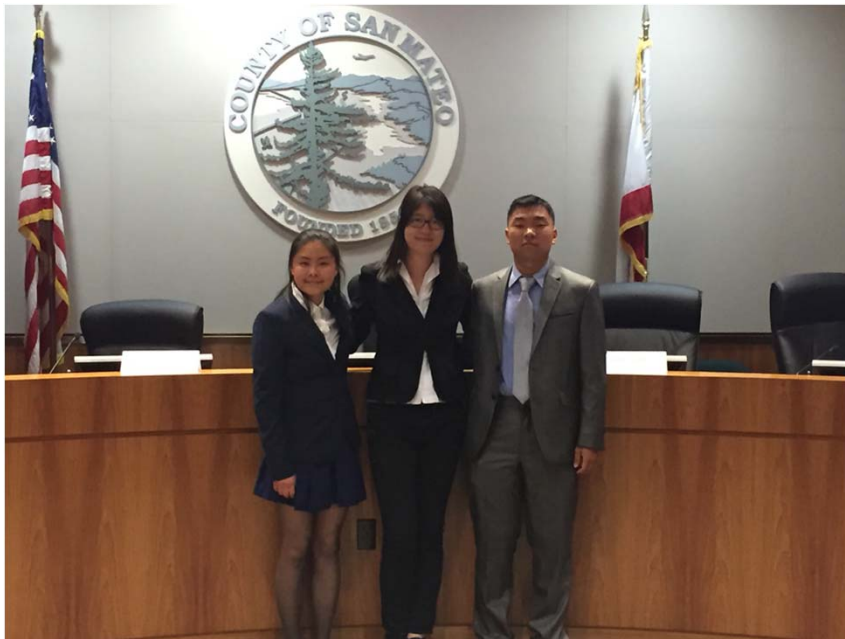
# Environmental Protection Committee

- We strive to examine and address environmental problems in San Mateo County
  - Organize a revised version of the Eco-Friendly Fair
  - Design a website with the aim of getting youth outdoors.
  - Produce Eco-Friendly Friday Challenges





# Immigrant Youth Committee



- Juvenile Hall Report
- Mills Resource Fair
- Immigrant Youth Award

# Legislative Committee

- Policy Recommendations
  - AB101, AB988, SB592
- Civics Video



# Teen Stress & Happiness Committee

- The Teen Stress & Happiness Committee works to become aware of, acknowledge, and tackle issues that affect the mental, physical, emotional, and social well-being of youth and teens in the San Mateo County.
- Various projects:
  - Creating Safe Ride framework
  - “Intro to High School”
  - Presentation for BHRS: Voices of Recovery



## **4th Annual San Mateo County Youth Conference**

- 11 Workshops ranging from Biochemistry to LGBTQ rights
- 135 attendees on February 7th
- A legislative panel
- A community resource tabling event over the lunch hour

# Board and Commission Liaisons

- 24 out of 25 Youth Commissioners sat on County Boards, Commissions and Initiatives
  - Commission on Disabilities
  - Commission on the Status of Women
  - Fatherhood Collaborative
  - First 5 Commission
  - HIV Board
  - Juvenile Justice Delinquency Prevention Commission
  - Mental Health and Substance Abuse Recovery Commission
  - Parks Commission
  - Peninsula Partnership Leadership Council
  - Pride Initiative
  - Respect! 24/7 Initiative

# Executive Board for '15-'16

**Nidhi Bandrapalli- Chair of the Commission**

**Bharathi Chinnakotla- Vice Chair of Commission  
and Chair of Adolescent Needs**

**Cailan Cumming- Chair of Environmental Protection**

**Kelly Liang- Chair of Immigrant Youth**

**Mei-Mei Chun-Moy- Chair of Legislative**

**Noah Weinstein- Chair of Teen Stress & Happiness**



# Changes for '15-'16 Year

1. New Program Coordinator!
2. New representation from different schools & districts
3. New Youth on the Executive Board



Thank you for your  
continual support of  
the Youth  
Commission!!