

COUNTY OF SAN MATEO Inter-Departmental Correspondence Health System



Date: May 3, 2013 Board Meeting Date: June 18, 2013 Special Notice / Hearing: None Vote Required: Majority

To: Honorable Board of Supervisors

From: Jean S. Fraser, Chief, Health System Stephen Kaplan, Director, Behavioral Health & Recovery Services

## Subject: Agreement with Family Service Agency of San Francisco

### **RECOMMENDATION:**

Adopt a Resolution waiving the Request for Proposals process and authorizing an agreement with Family Service Agency of San Francisco for the provision of outpatient mental health services for the term of July 1, 2013 through June 30, 2014 in an amount not to exceed \$800,000.

# BACKGROUND:

Family Service Agency of San Francisco is the oldest, nonsectarian, nonprofit charitable social services provider in San Francisco. In collaboration with the University of California San Francisco, Contractor has delivered prevention and recovery for early onset psychosis, serving youth and young adults from around the Bay Area, through their innovative Prevention and Recovery in Early Psychosis (PREP) Program. This program was the first early intervention and treatment program in Northern California and is now the most comprehensive program in the western United States.

Under San Mateo County's Mental Health Services Act Prevention and Early Intervention Plan, which includes a project for the prevention of early psychosis, Behavioral Health and Recovery Services (BHRS) conducted research of relevant programs in the San Francisco Bay Area. The research found PREP to be the only local program of its kind that had a sustained operation for more than two years, with a proven track record. In January 2012 BHRS requested to waive the requirement for the Request for Proposals (RFP) process for two years, and your Board approved a contract with this service provider for the implementation of PREP in San Mateo County. BHRS is again requesting to waive the requirement for the RFP process for an additional six months (from January 2014 to June 2014) to allow BHRS to move this RFP back into a fiscal year schedule.

### DISCUSSION:

Through this agreement, Contractor will provide mental health services through their PREP program. PREP is a rigorous, evidence-based and monitored approach targeting individuals at high risk of experiencing a psychotic episode and individuals having such experiences within the past two years. The goals of the program are remission of psychotic symptoms through early detection; rehabilitation by providing appropriate tools to clients; recovery by restoring clients to a normal, productive life; and respect by including the client and his/her family in the treatment planning process. Preliminary results from the program are strong; we believe the program will only get better in this contract period.

BHRS requests your Board to authorize the Chief of the Health System or designee to execute contract amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

The agreement and Resolution have been reviewed and approved by County Counsel as to form. The Contractor meets insurance certification requirements.

The Contractor has assured compliance with the County's Contractor Employee Jury Service Ordinance as well as all other contract provisions that are required by County ordinance and administrative memoranda, including but not limited to insurance, hold harmless, non-discrimination and equal benefits.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing mental health services to children and families. BHRS provides a range of services to promote wellness and recovery and to support consumers remaining in the lowest possible level of care. The services provided contribute to this measure. It is anticipated that 80% of clients will be maintained at current or lower level of care.

# PERFORMANCE MEASURE(S):

Measure	FY 2012-13 Estimate	FY 2013-14 Projected
Percentage of clients maintained at	80%	80%
current or lower level of care.		

### FISCAL IMPACT:

The term of the agreement is July 1, 2013 through June 30, 2014, and the maximum obligation is \$800,000. This amount is 100% funded by the Mental Health Services Act (MHSA) and there is no Net County Cost. The payment provisions and levels of service in this agreement decreased from the prior agreement by \$15,000 due to the expiration of a one-time funding for outreach and capacity-building event. Funds for these services will be included in the BHRS FY 2013-14 Recommended Budget.