



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: November 22, 2013
Board Meeting Date: January 7, 2014
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Jean S. Fraser, Chief, Health System
Stephen Kaplan, Director, Behavioral Health and Recovery Services

Subject: Amendment to Agreement with Family Service Agency of San Francisco

RECOMMENDATION:

Adopt a Resolution authorizing an amendment to the agreement with Family Service Agency of San Francisco to provide outpatient mental health services, increasing the amount by \$200,000 to an amount not to exceed \$1,000,000.

BACKGROUND:

Under San Mateo County's Mental Health Services Act Prevention and Early Intervention Plan, which includes a project for the prevention of early psychosis, Behavioral Health and Recovery Services (BHRS) conducted research on relevant programs in the San Francisco Bay Area. The research found Family Service Agency's innovative Prevention and Recovery in Early Psychosis (PREP) to be the only local program of its kind that had a sustained operation for more than two years with a proven track record. In January 2012 BHRS requested to waive the requirement for the Request for Proposals (RFP) process for two years, and your Board approved a contract with this service provider for the implementation of PREP in San Mateo County. BHRS plans to revisit the RFP process for these services in 2014.

DISCUSSION:

Your Board approved the establishment of a Bipolar Early Assessment and Management (BEAM) program. The Family Service Agency's BEAM program is a new early intervention approach for the treatment of bipolar spectrum disorders, bringing a coordinated series of evidence-based interventions to bear on young people experiencing the first signs of bipolar disorders. The goals of the program are to achieve fewer hospitalizations and remission of bipolar symptoms; to provide beneficiaries with the skills and tools to achieve meaningful lives; and to assist in increasing social and occupational functioning. It is estimated that there will be 80 to 100 qualifying residents between the ages of 14 and 35 that will be beneficiaries of this

new program. BEAM services are an extension of the PREP program using the same treatment model for bipolar disorders.

The amendment and Resolution have been reviewed and approved by County Counsel as to form. The contractor meets insurance certification requirements.

The contractor has assured compliance with the County's Contractor Employee Jury Service Ordinance as well as all other contract provisions that are required by County ordinance and administrative memoranda, including but not limited to insurance, hold harmless, non-discrimination and equal benefits.

The amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing mental health services to children and families. BHRS provides a range of services to promote wellness and recovery and to support consumers remaining in the lowest possible level of care. The services provided contribute to this measure. It is anticipated that 80% of clients will be maintained at current or lower level of care.

PERFORMANCE MEASURE(S):

| Measure | FY 2012-13 Actual | FY 2013-14 Projected |
|--|--------------------------|-----------------------------|
| Percentage of clients maintained at current or lower level of care | 80% | 80% |

FISCAL IMPACT:

The term of the amended agreement remains July 1, 2013 through June 30, 2014. The agreement maximum is being increased by \$200,000 to an amount not to exceed \$1,000,000. The increase is 100% funded by Measure A and there is no Net County Cost. The payment provisions and levels of service in this agreement increased due to the addition of BEAM services. Funds for these services are included in the BHRS FY 2013-14 Adopted Budget.