



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: November 4, 2013
Board Meeting Date: December 10, 2013
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Jean S. Fraser, Chief, Health System
Stephen Kaplan, Director, Behavioral Health & Recovery Services

Subject: Agreement with Free at Last

RECOMMENDATION:

Adopt a Resolution authorizing an agreement with Free at Last to provide alcohol and other drug treatment services, for the term of January 1, 2014 through June 30, 2015, in an amount not to exceed \$2,268,006.

BACKGROUND:

Behavioral Health and Recovery Services (BHRS) has contracted with Free at Last for 20 years. Free at Last provides alcohol and other drug treatment and recovery services to San Mateo County youth, families, adults and older adults in addition to the provision of outpatient, residential and non-residential day treatment and recovery services, methadone detoxification and methadone maintenance services.

In April 2013 BHRS issued a Request for Proposals (RFP) for the provision of Substance Use Disorder Treatment and Recovery Services for Outpatient and Day Treatment Services to San Mateo County residents. These services will support treatment of the whole person in order to achieve wellness and recovery, promoting the physical and behavioral health of individuals and families in the communities being served. Free at Last submitted a proposal and was chosen for the provision of these services.

DISCUSSION:

Free at Last will provide substance use disorder treatment and recovery services to men, women, children and their families. Free At Last's outpatient and residential treatment programs are designed on a social immersion model and are provided in a community-based and culturally appropriate environment. The goals of the program are to establish clean and sober support systems for clients; address legal and medical issues; teach basic life skills such as communication, anger management, and conflict

resolution; re-unify families and build parenting skills; help clients enter into training and/or employment and establish stable housing. In addition to these core goals, all clients set personal goals for their progress through treatment.

The agreement and Resolution have been reviewed and approved by County Counsel as to form. The contractor meets insurance certification requirements.

BHRS requests your Board to authorize the Chief of the Health System or designee to execute contract amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

The contractor has assured compliance with the County's Contractor Employee Jury Service Ordinance, as well as all other contract provisions that are required by County ordinance and administrative memoranda, including but not limited to insurance, hold harmless, non-discrimination and equal benefits.

This agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing individuals and families in San Mateo County with prevention and treatment services to support recovery, which in turn contributes to the health and safety of communities throughout San Mateo County. Successful treatment discharge occurs when a program participant completes his/her treatment/recovery plan or when a participant is transferred to the next appropriate level of care. Research shows the longer participants are retained in appropriate level of treatment the more likely they are to achieve long term recovery. A participant's willingness to continue in treatment is a key element to successful stabilization and progress towards sustained recovery. It is anticipated that 69% of clients will achieve a successful treatment discharge.

PERFORMANCE MEASURE(S):

Measure	FY 2013-14 Estimate	FY 2014-15 Projected
Percentage of program participants with a successful treatment discharge	67%	69%

FISCAL IMPACT:

The term of the agreement is January 1, 2014 through June 30, 2015, in an amount not to exceed \$2,268,006. The funding is provided through the following sources:

Services & Funding Sources	FY 2013-14	FY 2014-15
	6 months	12 months
Reentry Grant- Achieve 180*	21,900	
Drug Court Discretionary Grant *	76,978	153,955
Realignment Funding: Drug Court	152,334	304,668
BASN allocation	25,164	50,328
AB 109 – Criminal Justice Funding*	83,667	167,333
Drug/Medi-Cal allocation	50,000	100,000

Mental Health Services Act	15,702	31,404
Negotiated Net Agreement (NNA)	88,915	177,830
Net County Cost	255.943	511,885
Total Funding	770,603	1,497,403

* Aggregate funding sources

The amount of \$770,603 is included in the BHRS FY 2013-14 Adopted Budget and \$1,497,403 is included in the BHRS FY 2014-15 Recommended Budget. The Net County Cost for FY 2014-15 is \$511,885. The payment provisions and levels of service in the agreement are essentially the same as the prior agreement.