Proclamation

May 2014
Mental Health Awareness Month

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WHEREAS, mental health is fundamental to the overall health and well-being of all residents in San Mateo County; and

WHEREAS, mental illness will affect nearly one in four adults in the United States in a given year, regardless of gender, race, ethnicity, religion, or economic status; and

WHEREAS, mental illness is one of the leading causes of disabilities in the United States; and

WHEREAS, mental health problems are as treatable as other health problems, and people who have mental illnesses can recover and lead full, productive lives; and

WHEREAS, nationally, an estimated two-thirds of adults and youth with a diagnosable mental illness are not receiving the help they need; and

WHEREAS, stigma and fear of discrimination from others, including employers, prevent many who would benefit from mental health services from seeking help and public education about mental illnesses, and the sharing of personal stories can change negative attitudes and behaviors toward people with mental illnesses; and

WHEREAS, the 2014 observance of Mental Health Awareness Month will help raise awareness of the importance of mental health and the stigma people with mental illness face, while delivering the message that, with proper treatment, recovery is possible.

NOW, THEREFORE, BE IT RESOLVED *that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2014 as Mental Health Awareness Month and calls upon the citizens, government agencies, public and private institutions, businesses and schools in San Mateo County to recommit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.*

Dated: May 6, 2014

SUPERVISORS:

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DAVE PINE, President

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CAROLE GROOM

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DON HORSLEY

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WARREN SLOCUM

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ADRIENNE J. TISSIER

Attest:
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Deputy Clerk of the Board of Supervisors