

#### **COUNTY OF SAN MATEO**

Inter-Departmental Correspondence Health System



**Date:** April 30, 2013

**Board Meeting Date:** June 4, 2013

Special Notice / Hearing: None Vote Required: Majority

To: Honorable Board of Supervisors

**From:** Jean S. Fraser, Chief, Health System

Stephen Kaplan, Director, Behavioral Health & Recovery Services

**Subject:** Agreement with Heart and Soul, Inc.

# **RECOMMENDATION:**

Adopt a Resolution authorizing an agreement with Heart and Soul, Inc. for the provision of consumer-run peer-support services and health and wellness services for the term of July 1, 2013 through June 30, 2014, in an amount not to exceed \$378,901.

### **BACKGROUND:**

In 2002 the President's New Freedom Commission on Mental Health identified consumer-operated self-help peer-support services through consumer-run organizations as critical components of effective community mental health systems. They are also cited as a key service strategy in the Mental Health Services Act (MHSA) requirements. These services are essential to supporting consumers as they progress through all phases of wellness/recovery, including periods of relapse. Peer-support services are cost effective and have been found to reach and engage mental health clients who otherwise may not be able to participate in programs on their own.

In March 2012 Behavioral Health and Recovery Services (BHRS) released a Request for Proposals for peer-support self-help services through a consumer-run organization. Heart and Soul, Inc. submitted a proposal and was subsequently selected to provide these services. Heart and Soul, Inc. has provided these services since 2009.

## **DISCUSSION:**

Heart and Soul, Inc. provides consumer-run peer-support services at five locations in the County and also provides stigma reduction informational presentations. The contractor will provide health and wellness groups, support, and activities through the Total Wellness Program.

BHRS requests your Board to authorize the Chief of the Health System or designee to execute contract amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

The Agreement and Resolution have been reviewed and approved by County Counsel as to form. The contractor meets insurance certification requirements.

The contractor has assured compliance with the County's Contractor Employee Jury Service Ordinance, as well as all other contract provisions that are required by County ordinance and administrative memoranda, including but not limited to insurance, hold harmless, non-discrimination and equal benefits.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing consumer-run peer-support services for adults and transition-age youth. BHRS provides a range of services to support consumers as they progress through all phases of wellness/recovery, and through periods of relapse. The provision of consumer-run peer-support services is one established level of support. The services provided contribute to this measure. It is anticipated that 90% of clients who receive services will rate services as good or better.

# PERFORMANCE MEASURE(S):

Measure	FY 2012-13 Estimate	FY 2013-14 Projected
Percentage of customer survey	90%	90%
respondents who rate services as		
good or better.		

### FISCAL IMPACT:

The term of the agreement is July 1, 2013 through June 30, 2014, and the maximum obligation is \$378,901. Of that amount, sales tax through Realignment will fund \$256,901 of the cost, the Mental Health Services Act will fund \$22,000, and the Net County Cost will be \$100,000. The payment provisions and levels of service in this agreement are essentially the same as the prior agreement. Funds for these services will be included in the BHRS FY 2013-14 Recommended Budget.