

# PROCLAMATION

THE BOARD OF SUPERVISORS  
COUNTY OF SAN MATEO, STATE OF CALIFORNIA  
PROCLAMATION DESIGNATING THE MONTH OF

May 2013

## Mental Health Awareness Month

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**WHEREAS**, mental illness will strike nearly one in four adults and children in a given year, regardless of age, gender, race, ethnicity, religion, or economic status; and

**WHEREAS**, mental illness is one of the leading causes of disabilities in the United States; and

**WHEREAS**, mental health problems are as treatable as other health problems, and people who have mental illnesses can recover and lead full, productive lives; and

**WHEREAS**, nationally, an estimated two-thirds of adults and youth with a diagnosable mental illness are not receiving the help they need; and

**WHEREAS**, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

**WHEREAS**, greater public awareness about mental illnesses can change negative attitudes and behaviors toward people with mental illnesses; and

**WHEREAS**, the 2013 observance of Mental Health Awareness Month will help raise awareness of the importance of mental health and the stigma people with mental illness face, while delivering the message that, with proper treatment, recovery is possible.

***NOW, THEREFORE, BE IT RESOLVED*** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2013 Mental Health Awareness Month and calls upon the citizens, government agencies, public and private institutions, businesses and schools in San Mateo County to recommit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

***Dated: May 7, 2013***

SUPERVISORS:

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***DON HORSLEY, President***

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***DAVE PINE***

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***CAROLE GROOM***

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***WARREN SLOCUM***

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***ADRIENNE J. TISSIER***

Attest:

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Deputy Clerk of the Board of Supervisors