



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: February 24, 2017
Board Meeting Date: April 11, 2017
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise Rogers, Chief, Health System
Stephen Kaplan, Director, Behavioral Health & Recovery Services

Subject: Measure K: Agreement with healthRIGHT 360 to Operate a Behavioral Health Respite Center

RECOMMENDATION:

Measure K: Adopt a resolution authorizing an agreement with healthRIGHT 360 to operate a Behavioral Health Respite Center, for the term April 1, 2017 through June 30, 2020, in an amount not to exceed \$3,932,533.

BACKGROUND:

In October 2013, Behavioral Health and Recovery Services (BHRS) released a Request for Proposals seeking an agency to help identify a service location, provide consultation on renovations needed, and run a behavioral health respite center. healthRIGHT 360 (HR 360) responded with a proposal and was selected in December 2013 to provide these services. An extensive search to identify a service location resulted in the selection of a County-owned building in San Mateo that was at the time occupied by another department within the County. Once the building was vacated, BHRS hired a consultant to identify building renovations. In February 2017, construction work began and its estimated completion date is July 2017.

Through a separate agreement, HR 360 currently provides services that include: substance use prevention and treatment services; mental health services for seriously emotionally disturbed students at middle schools within San Mateo County; outpatient mental health services authorized by the Mental Health Plan (MHP); and the North County Outreach Collaborative (NCOC) providing outreach, linkage, and case management services to emotionally disturbed youth and others residing in the north region of the County.

DISCUSSION:

The BHRS Serenity House Respite Center (SHRC) is designed as an alternative to hospitalization and incarceration for adults experiencing an acute psychiatric episode. The respite stay is short-term, designed to stabilize and return clients to their current living situation if appropriate, or an alternative stable environment. SHRC services may

also be utilized for clients who are psychiatrically destabilized as a result of loss of housing, placement, or support system. HR 360 shall deliver short term SHRC services for up to 13 adult clients with psychiatric disabilities.

Through this agreement, HR360 will help its SHRC clients maintain medication management; engage in natural supports; manage mental health symptoms and substance use urges; strengthen acquisition and use of coping skills; and establish or reestablish vital links to services. By providing the latter services, HR360 can keep clients out of more restrictive levels of care and support clients throughout the ongoing process of recovery. The clients' mental health status will be reassessed regularly and discharge planning will begin immediately to help clients maintain stability following discharge from SHRC. This will include transporting clients while in the program to doctor appointments, housing, and other community services.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This contract is late due to negotiations with the contractor.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing individuals and families in the County with prevention and treatment services to support recovery, which in turn contributes to the health and safety of communities throughout the County. Successful treatment discharge occurs when clients are successfully engaged in the support services they receive to remain in the community. It is anticipated that at least 90% of SHRC clients will be referred/linked/re-established to services in the community.

PERFORMANCE MEASURE(S):

Measure	FY 2016-17 Actual	FY 2017-18 Projected
SHRC clients that will be referred/linked/reestablished to services in the community following discharge.	N/A *	90% 315 clients

* Due to the delay in construction, it is estimated services will begin August 1, 2017. Data will be available in FY 2017-18.

FISCAL IMPACT:

The term of the agreement is April 1, 2017 through June 30, 2020. The amount of the agreement is not to exceed \$3,932,533 for the three-year term. \$482,533 is included in the BHRS FY 2016-17 Adopted Budget. Of that amount, 100% will be funded by **Measure K**. Similar arrangements will be in place for subsequent years.