



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: May 9, 2016
Board Meeting Date: August 9, 2016
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise Rogers, Chief, Health System
Stephen Kaplan, Director, Behavioral Health & Recovery Services

Subject: Agreement with Nasrin Bashiri, M.D. for Psychiatry Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Nasrin Bashiri, M.D. for psychiatry services, for the term July 1, 2016 through June 30, 2017, in an amount not to exceed \$252,720.

BACKGROUND:

There has been a shortage of adult and child psychiatrists in California and in the nation for the past several years. Behavioral Health and Recovery Services (BHRS) has found it especially difficult to fill child psychiatrist positions in San Mateo County due to the high cost of living. BHRS runs advertisements for specialty psychiatric services on a regular basis in the Northern California Psychiatric Newsletter and other venues as needed. Nasrin Bashiri, M.D. was selected from candidates who responded to those advertisements in 2006 and has contracted with BHRS since that time.

DISCUSSION:

Dr. Bashiri will continue providing psychiatry services for San Mateo County children and youth at Hillcrest Juvenile Hall for an average of 30 hours of services per week. The services shall include child and youth medication evaluation and treatment, diagnostic evaluation, psychotherapy, family consultation, treatment plan review, and case consultation.

Under the Administrative Memorandum B-1, agreements with physicians are exempt from the requirement for a Request for Proposals process.

The Resolution contains the County's standard provisions allowing amendments of the County's fiscal obligation by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is late due to protracted negotiations with the contractor, and is on the Continuing Resolution.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing psychiatry services in San Mateo County. It is anticipated that 80% of clients who receive this contractor's services shall maintain their current or lower level of placement.

PERFORMANCE MEASURE(S):

Measure	FY 2015-16 Estimated	FY 2016-17 Projected
Percentage of clients who will maintain their current or lower level of placement	80% 80 clients	80% 80 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2016 through June 30, 2017. The amount of the agreement is not to exceed \$252,720. Of that amount, it is anticipated that \$6,081 will be funded by Federal Financial Participation for Medi-Cal; \$4,865 will be funded by 2011 Realignment for Early Periodic Screening Diagnosis and Treatment; \$12,507 will be funded by private insurance; and \$229,267 will be funded by sales tax through realignment. There is no Net County Cost. The payment provisions and levels of service in the agreement are essentially the same as the prior agreement. Funds for these services will be included in the BHRS FY 2016-17 Recommended Budget.