



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: July 11, 2016
Board Meeting Date: August 9, 2016
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise Rogers, Chief, Health System
Stephen Kaplan, Director, Behavioral Health and Recovery Services

Subject: Agreement with Family Service Agency of San Francisco for Outpatient Mental Health Services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Family Service Agency of San Francisco for outpatient mental health services, for the term July 1, 2016 through June 30, 2017, in an amount not to exceed \$1,285,934.

BACKGROUND:

Family Service Agency of San Francisco (FSA-SF) is the oldest, nonsectarian, nonprofit charitable social services provider in San Francisco. In collaboration with the University of California San Francisco, FSA-SF has delivered prevention and recovery for early onset psychosis, serving youth and young adults from around the Bay Area, through its innovative Prevention and Recovery in Early Psychosis (PREP) Program. This program was the first early intervention and treatment program in Northern California and is now considered the most comprehensive program in the western United States.

In January 2014, FSA-SF began delivering Bipolar Early Assessment and Management (BEAM) services. Modeled after PREP, BEAM provides treatment to adolescents and young adults with bipolar disease, teaching them to manage their condition and move towards remission and recovery.

Under the San Mateo County Mental Health Services Act (MHSA) Prevention and Early Intervention Plan, FSA-SF is working to prevent early psychosis and early bipolar disorder. Behavioral Health and Recovery Services (BHRS) conducted research on relevant programs in the San Francisco Bay Area and found FSA-SF to provide a unique approach that aligns with its MHSA Plan. BHRS' research found BEAM and PREP to be the only local programs of their kind successfully incorporating elements deemed essential by BHRS: public education, outreach and engagement, a rigorous

diagnostic process, Cognitive Behavioral Therapy for Early Psychosis, algorithm-guided medication management, multifamily psycho-education groups, computer-based cognitive rehabilitation, education and employment support for clients, co-occurring treatment; and case management. Therefore BHRS is requesting authority to waive the requirement for the Request for Proposals process and contract with FSA-SF for the continued implementation of BEAM and PREP in San Mateo County.

DISCUSSION:

FSA-SF will provide mental health services through its BEAM and PREP programs. BEAM provides an early intervention for the treatment of bipolar spectrum disorders, bringing a coordinated series of evidence-based interventions. PREP is a rigorous, evidence-based, monitored approach, targeting individuals who are at high risk of experiencing a psychotic episode and individuals who have had such experiences within the past two years.

The resolution contains the County's standard provisions allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is on the Continuing Resolution.

Approval of the agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing mental health services to children and families. BHRS provides a range of services to promote wellness and recovery, and to support consumers remaining in the lowest possible level of care. It is anticipated that 50% of clients will experience a decrease in the number of days hospitalized after the start of the program.

PERFORMANCE MEASURE(S):

Measure	FY 2015-16 Estimated	FY 2016-17 Projected
Percentage of clients experiencing a decrease in the number of days hospitalized after start of the program	50% 15 clients	50% 15 clients

FISCAL IMPACT:

The term of the agreement is July 1, 2016 through June 30, 2017. The amount of the agreement is not to exceed \$1,285,934. Of that amount, it is anticipated \$183,224 will be funded by Medi-Cal Federal Financial Participation, \$651,523 will be funded by MHSA, \$408,264 will be funded by Measure A and \$17,709 will be funded by private insurance. The Net County Cost is \$25,214. The funds for these services are included in the BHRS FY 2016-17 Recommended Budget. The payment provisions in the agreement remain essentially the same as those of the prior agreement.