



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** May 26, 2016  
**Board Meeting Date:** July 12, 2016  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise Rogers, Chief, Health System  
Srija Srinivasan, Director, Family Health Services and Health Coverage Unit

**Subject:** Acceptance of the Supplemental Nutrition Assistance Program - Education Grant Agreement from the California Department of Public Health

**RECOMMENDATION:**

Adopt a resolution authorizing the acceptance of a grant agreement for Supplemental Nutrition Assistance Program - Education from the California Department of Public Health, for the term of October 1, 2016 to September 30, 2019, in the amount of \$1,906,818.

**BACKGROUND:**

In San Mateo County, it is estimated that nearly one-in-four (24%) low-income children are overweight or obese. Furthermore, the 2014 California Health Interview Survey indicates that 66% of all adult residents in San Mateo County are also overweight or obese. The Get Healthy San Mateo Task Force and the Nutrition Education and Obesity Prevention (NEOP) Project is actively working to reduce obesity in the County. NEOP is a part of a U.S. Department of Agriculture Supplemental Nutrition Assistance Program – Education initiative which provides federal funds to promote healthy eating, physical activity, and access to nutritious foods to reduce the incidence of chronic disease in low-income communities. San Mateo County has been a grantee since 1998.

**DISCUSSION:**

Under this grant agreement, NEOP funding for the next three years will be used to implement comprehensive local nutrition education and obesity prevention programs. The grant agreement directs the San Mateo Health System to serve as the lead health agency and coordinate with local partners. The Health System will involve multiple sectors in spearheading efforts to improve nutritional status and prevent obesity among San Mateo County's low-income population, in accordance with Healthy, Hunger-Free Kids Act of 2010.

In addition to individual and group nutrition education, other objectives include: the coordination of nutrition education county-wide, neighborhood assessments of food environments and local interventions, reduction of sugary beverage consumption, school wellness policy implementation strategies, increased access to and consumption of healthy foods, increased physical activity opportunities throughout the day, youth empowerment, and specific strategies to increase peer-to-peer education opportunities and community engagement.

Family Health Services requests that your Board authorize the Chief of the Health System or designee to execute this grant agreement.

Family Health Services also requests that your Board authorize the Chief of the Health System or designee to execute grant agreement amendments which modify the County's maximum fiscal obligation by no more than \$25,000 (in aggregate), and/or modify the contract term and/or services so long as the modified term or services is/are within the current or revised fiscal provisions.

The grant agreement and Resolution have been reviewed and approved by County Counsel as to form.

Approval of this grant agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing funds to promote dietary changes and physical activity levels in order to reduce the risk of chronic disease in San Mateo County. It is anticipated that 30% of participants attending NEOP group lesson (9 lessons over 3 weeks) will report at least one positive dietary change. Examples of positive dietary change are: switching to low-fat or fat-free milk, drinking less sugar-sweetened beverages, or trying one new fruit or vegetable.

**PERFORMANCE MEASURE(S):**

<b>Measure</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Projected</b>
Percent of participants in NEOP group lessons who report at least one positive dietary change after attending the group lesson (9 lessons over 3 weeks)	30% 150 Clients	30% 200 Clients

**FISCAL IMPACT:**

The term of the grant agreement is October 1, 2016 through September 30, 2019. The total federal funds included in the agreement are not to exceed \$1,906,818. Funds in the amount of \$635,606 will be included in the FHS FY 2016-17 Recommended Budget. Similar arrangements will be made for future years. The Net County Cost for the grant agreement is \$100,000 for the three years.