



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** May 11, 2016  
**Board Meeting Date:** June 21, 2016  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise Rogers, Chief, Health System  
Stephen Kaplan, Director, Behavioral Health and Recovery Services

**Subject:** Agreement with Voices of Recovery San Mateo County for Consumer-operated Self-help and Peer-support Services, and Wellness and Recovery Services

**RECOMMENDATION:**

Adopt a resolution authorizing an agreement with Voices of Recovery San Mateo County for consumer-operated self-help and peer-support services, health and wellness and wellness and recovery services, for the term July 1, 2016 through June 30, 2018, in an amount not to exceed \$522,526.

**BACKGROUND:**

Voices of Recovery San Mateo County (VORSMC) is the only agency in the County that provides consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders. In an effort to support those who have been affected by addiction, the National Council on Alcoholism and Drug Dependence collaborated with local stakeholders to create VORSMC.

VORSMC's services are essential to supporting consumers as they progress through all phases of wellness/recovery, including periods of relapse. Peer-support services are cost effective and have been found to engage clients who otherwise may not be able to participate in community activity programs on their own.

VORSMC is the only agency in the County to provide consumer-operated self-help and peer support services for individuals with co-occurring substance use and mental health disorders. Therefore Behavioral Health and Recovery Services (BHRS) is requesting that you Board waive the Request for Proposals process for this agreement with VORSMC.

### **DISCUSSION:**

VORSMC will provide consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders, health and wellness groups, and support through a total wellness program. In particular, VORSMC will provide Wellness Recovery Action Plan (WRAP) groups to formerly incarcerated adults through the Criminal Justice Realignment Act, Drug Court clients and individuals as they transition to the aftercare phase of treatment. WRAP is a self-designed plan for staying well, increasing personal responsibility, and improving the quality of daily life.

The Resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and Resolution have been reviewed and approved by County Counsel as to form.

Approval of this agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing consumer-run peer-support services for adults and transition-age youth. BHRS provides a range of services to support consumers as they progress through all phases of wellness/recovery, and through periods of relapse. The provision of consumer-run peer-support services is one established level of support. Participation in support activities is an indicator of recovery improvement and clients' commitment to their own wellness and recovery. An increase in attendance indicates that the contractor is serving a larger audience and is being successful in reaching an underserved population. It is anticipated that 49 additional clients will attend peer support/recovery activities compared to the prior year.

### **PERFORMANCE MEASURE(S):**

Measure	FY 2015-16 Estimated	FY 2016-17 Projected
Increase in the number of clients attending peer support/recovery activities from the prior year	10% * 49 additional clients	10% 49 additional clients

\* The baseline number of clients served in FY 2015-16 – and who will continue to be served under this agreement - is 490.

### **FISCAL IMPACT:**

The term of the agreement is July 1, 2016 through June 30, 2018. The amount of the agreement is not to exceed \$522,526 for the two-year term. \$261,263 will be included in the BHRS FY 2016-17 Recommended Budget. Of this amount, it is anticipated that Mental Health Services Act will fund \$135,000, MediCal Expansion Capitation will fund \$57,000, AB 109 will fund \$37,500, Measure A will fund \$4,500, and the remaining Net County Cost will be \$27,263. A similar arrangement will be in place for FY 2017-18. The payment provisions in this agreement remain essentially the same as those of the prior agreement.