

THE BOARD OF SUPERVISORS COUNTY OF SAN MATEO, STATE OF CALIFORNIA RESOLUTION HONORS AND COMMENDS

Judy Singer

WHEREAS, Judy Singer is celebrating NAMI San Mateo County (National Alliance on Mental Illness) 2015 Annual Appreciation Luncheon. On behalf of our Board of Directors, members and friends of NAMI SMC we would like to extend our heartfelt gratitude for your volunteerism to our organization! You have helped make NAMI SMC the vital one it is today; and

WHEREAS, Judy Singer is a champion leader as a Support Group facilitator. NAMI SMC is grateful for your dedication and commitment to sharing your own personal experiences with mental illness and helping to educate and support other family members towards a greater understanding of their own loved ones struggle with mental illness; and

WHEREAS, Judy Singer knows the importance of working together and coordinating with other Support Group Leaders to provide a safe, relaxed and confidential atmosphere to those family members attending an education/support group class; and

WHEREAS, Judy Singer has continued to extend YOUR time and commitment as a mental health champion to become current 2016 Support Group leaders; and

WHEREAS, **Judy Singer** is a valuable role model and support link to family members with a young adult or adult family member who is living with a mental health condition. We appreciate you dedicating your time, experience and understanding to help family members help their loved ones on the road to wellness and recovery and to lead a full and meaningful life, while also learning to care for themselves; and

NOW THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of San Mateo, State of California, hereby honors **Judy Singer** for being a part of the solution and for changing the way the world sees mental health. We commend and applaud your "I've been there, I understand" compassion to help others in San Mateo County.

Dated: February 12, 2016

SUPERVISORS:

WARREN SLOCUM, PRESIDENT

CAROLE GROOM

DON HORSLEY

DAVE PINE

ADRIENNE J. TISSIER

Attest: