



**COUNTY OF SAN MATEO**  
Inter-Departmental Correspondence  
Health System



**Date:** December 28, 2015  
**Board Meeting Date:** February 23, 2016  
**Special Notice / Hearing:** None  
**Vote Required:** Majority

**To:** Honorable Board of Supervisors

**From:** Louise Rogers, Chief, Health System  
Stephen Kaplan, Director, Behavioral Health and Recovery Services

**Subject:** Amendment to the Agreement with Health Plan of San Mateo to Provide Expanded Medi-cal Benefits for Mental Health

**RECOMMENDATION:**

Adopt a resolution authorizing an amendment to the agreement with Health Plan of San Mateo to provide expanded Medi-Cal Service and now include Autism Services, to members with mild to moderate mental health conditions, with no change to the maximum obligation or term of the agreement.

**BACKGROUND:**

On October 21, 2014, your Board approved an agreement with the Health Plan of San Mateo for the provision of Medi-Cal services to members with mild to moderate mental health conditions, for the term of July 1, 2014 through December 31, 2016, for an estimated revenue amount of \$5,600,000.

**DISCUSSION:**

California Senate Bill X1-1 adds mental health services and substance use disorder services to the schedule of benefits provided by Medi-Cal managed care plans beginning on January 1, 2014. As a result, after completing negotiations with local health plans regarding rates and services, California's Department of Health Care Services is now implementing Behavioral Health Therapy as a Medi-Cal coverage for children and adolescent beneficiaries from 21 years of age diagnosed with Autism Spectrum Disorder.

The amendment and resolution have been reviewed and approved by County Counsel as to form.

The amendment contributes to the Shared Vision 2025 outcome of a Healthy Community by providing expanded mental health services through the provider network.

BHRS provides a range of services to promote wellness and recovery and to support consumers remaining in the lowest possible level of care. The provision of outpatient mental health services through our provider network is one established level of care. It is anticipated that 80% of consumers who receive these services will be maintained at a current or lower level of care.

**PERFORMANCE MEASURE(S):**

Measure	FY 2014-15 Actual	FY 2015-16 Estimated
Percentage of consumers receiving outpatient mental health services maintained at current or lower level of care	80%	80%

**FISCAL IMPACT:**

The term of the agreement remains unchanged as July 1, 2014 through December 31, 2016. The State has shared capitation payment rates with health plans for the additional mental health and substance use disorder benefits, based upon the scope of services and expected utilization. We recognize that after an initial surge in demand for these services, there will be an extended ramp-up period until full benefit utilization. Based upon current utilization, we estimate additional revenue for these benefits will total approximately \$2,800,000 per year for the term of the current agreement. These funds have been included in the BHRS FY15-16 Adopted Budget. Similar arrangements will be made for future years.

Since the County is providing services, there is no net county cost associated with this agreement.