



COUNTY OF SAN MATEO
Inter-Departmental Correspondence
Health System



Date: July 29, 2015
Board Meeting Date: September 1, 2015
Special Notice / Hearing: None
Vote Required: Majority

To: Honorable Board of Supervisors

From: Louise Rogers, Chief, Health System
Stephen Kaplan, Director, Behavioral Health and Recovery Services

Subject: Agreement with Voices of Recovery San Mateo County for consumer-operated self-help and peer-support services and wellness and recovery services

RECOMMENDATION:

Adopt a resolution authorizing an agreement with Voices of Recovery San Mateo County for consumer-operated self-help and peer-support services and wellness and recovery services for the term July 1, 2015 through June 30, 2016, in an amount not to exceed \$236,635.

BACKGROUND:

Voices of Recovery San Mateo County (VORSMC) is the only agency in the County that provides consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders. In an effort to support those who have been affected by addiction, the National Council on Alcoholism and Drug Dependence collaborated with local stakeholders to create VORSMC.

In September 2011, VORSMC was established as an independent 501(c)(3) consumer-run organization to provide consumer peer-support and self-help services in San Mateo County. VORSMC's services are essential to supporting consumers as they progress through all phases of wellness/recovery, including periods of relapse. Peer-support services are cost effective and have been found to engage clients who otherwise may not be able to participate in community activity programs on their own.

In January 2014, Behavioral Health and Recovery Services (BHRS) issued a Letter of Interest for the provision of peer-led support services through a Recovery Community Organization (RCO). The peer-led RCO would provide opportunities for education, wellness and support services for individuals in or in need of long-term recovery from

substance abuse, and support services to impacted families. VORSMC submitted a letter of interest and was selected to provide these services.

DISCUSSION:

VORSMC will provide consumer-operated self-help and peer-support services for individuals with co-occurring substance use and mental health disorders, health and wellness groups, and support through a total wellness program. In particular, VORSMC will provide Wellness Recovery Action Plan (WRAP) groups to formerly incarcerated adults through the Criminal Justice Realignment Act, and to Drug Court clients and individuals as they transition to the aftercare phase of treatment. WRAP is a self-designed plan for staying well, increasing personal responsibility, and improving the quality of daily life.

This contract is late because BHRS, as a part of its due diligence for this agreement, needed to review the contractor's FY 14-15 units of service and costs, prior to finalizing this new contract for FY 15-16.

The resolution contains the County's standard provision allowing amendment of the County's fiscal obligations by a maximum of \$25,000 (in aggregate).

The agreement and resolution have been reviewed and approved by County Counsel as to form. This agreement is on the Continuing Resolution.

The agreement contributes to the Shared Vision 2025 outcome of a Healthy Community by providing consumer-run peer-support services for adults and transition-age youth. BHRS provides a range of services to support consumers as they progress through all phases of wellness/recovery, and through periods of relapse. The provision of consumer-run peer-support services is one established level of support. Participation in support activities is an indicator of recovery improvement and clients' commitment to their own wellness and recovery. An increase in attendance indicates that the contractor is serving a larger audience and is being successful in reaching an underserved population. It is anticipated that 49 more clients will attend peer support/recovery activities compared to the prior year.

PERFORMANCE MEASURE(S):

Measure	FY 2014-15 Actual	FY 2015-16 Projected
Increase in the number of clients attending peer support/recovery activities from the prior year.	150% * 295 more clients	10% 49 more clients

* Actual result was better than projected due to the new provision of WRAP group sessions to Drug Court clients, effective in FY 2014-15.

FISCAL IMPACT:

The term of the agreement is July 1, 2015 through June 30, 2016. The amount of the agreement is not to exceed \$236,635. Of this amount, it is anticipated that Mental Health Services Act will fund \$100,000, MediCal Expansion Capitation will fund

\$57,000, Drug Court will fund \$28,277, AB 109 will fund \$37,500, and Measure A will fund \$4,500. net county cost will be \$9,358. Funds for these services are included in the BHRS FY 2015-16 Recommended Budget. The payment provisions in this agreement remain essentially the same as those of the prior agreement.