

PROCLAMATION

THE BOARD OF SUPERVISORS
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
PROCLAMATION DESIGNATING THE MONTH OF

May 2015

Mental Health Awareness Month

***WHEREAS**, mental health and freedom from addictions and substance use is fundamental to the overall health and well-being of all residents in San Mateo County; and*

***WHEREAS**, mental illness will affect nearly one in four adults in the United States in a given year, regardless of gender, race, ethnicity, religion, or economic status; and*

***WHEREAS**, mental illness is one of the leading causes of disabilities in the United States; and*

***WHEREAS**, mental health and substance use problems are as treatable as other health problems, and people who have mental health and addiction issues can recover and lead full, productive lives; and*

***WHEREAS**, nationally, an estimated two-thirds of adults and youth with a diagnosable mental illness are not receiving the help they need; and*

***WHEREAS**, stigma and fear of discrimination from others, including employers, prevent many who would benefit from mental health services from seeking help, and public education about mental illnesses and substance use issues, and the sharing of personal stories can change negative attitudes and behaviors toward people with mental illnesses; and*

***WHEREAS**, the treatment and prevention providers of San Mateo County and staff from Behavioral Health and Recovery Services have dedicated themselves to promoting recovery, saving lives, and educating the public about mental health, drug use, stigma, addiction, and co-occurring disorders (diagnosis of mental health and substance use conditions at the same time).*

***NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2015 as Mental Health Awareness Month and calls upon the citizens, government agencies, public and private institutions, businesses and schools in San Mateo County to recommit our community to increasing awareness and understanding of mental illnesses and substance use, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses and substance abuse challenges.*

Dated: April 28, 2015

SUPERVISORS:

CAROLE GROOM, President

DAVE PINE

DON HORSLEY

WARREN SLOCUM

ADRIENNE J. TISSIER

Attest:

Deputy Clerk of the Board of Supervisors